

### DAN 3K County Championships - 21st August 2019 - Par

Heat	Place	Time	Name	Team	Cat
1	1	09:10.5	SLATTERY, Tom	Cornwall AC	
1	2	09:21.8	WRIGHT, Oli	Cornwall AC	
1	3	09:53.9	WILLIAMS, Blake	Newquay Par	
1	4	10:08.0	RIJIOARDDAM, Jurrien	Looe Pioneers	
1	5	10:08.2	SOLE, Paul	Cornwall AC	Male Vet
1	6	10:11.0	RAILTON, Matt	Cornwall AC	
1	7	10:12.1	DEACON, Mark	Looe Pioneers	
1	8	10:18.3	HOWELL, Tom	Mile High	
1	9	10:21.6	BUSCOMBE, Charles	Newquay Road Runners	
1	10	10:26.6	DANIELS, Alex	Newquay Road Runners	Male Vet
1	11	10:29.4	STEPTO, Emma	Cornwall AC	Female Vet
1	12	10:34.2	DANIELL, Jamie		
1	13	10:42.5	ROOSE, Darren	Newquay Road Runners	Male Vet
1	14	11:23.7	MEYERS, Tom	Looe Pioneers	
2	1	09:55.0	CHESSER, Patrick		
2	2	10:24.8	HEAD, Mathew	Cornwall AC	
2	3	10:32.2	CHIRGWIN, Robert	Truro Running Club	
2	4	10:48.0	MANNING, James	Hayle Runners	Male Vet
2	5	10:49.8	BANBURY, Kelvin	Newquay Road Runners	Male Vet
2	6	10:55.3	DAVIS, Andy	Newquay Road Runners	Male Vet
2	7	11:04.2	SOLE, John	Cornwall AC	
2	8	11:08.9	CARTER, Lee	Newquay Road Runners	
2	9	11:18.5	BABB, Steve	Newquay Road Runners	Male Vet
2	10	11:31.0	HENDERSON, Mathew	St Austell Running Club	
2	11	11:35.7	HAMMOND, Peter	Cornwall AC	Male Vet
2	12	11:41.9	ROBINSON, Joanne	Looe Pioneers	Female Vet
2	13	11:45.2	LAWRY, Ross	St Austell Running Club	Male Vet
2	14	11:48.3	TEMPLE, Ian	Bodmin Road Runners	Male Vet
2	15	11:55.2	GRASSAM, Mark	Looe Pioneers	Male Vet
2	16	11:56.4	SOLOMON, Pam	PB Running Club	Female Vet
2	17	12:02.1	CHASE, Andy	St Austell Running Club	
2	18	12:08.9	ADIE, Gordon	Truro Running Club	Male Vet
2	19	12:13.6	GIBSON, Mandy	Looe Pioneers	Female Vet
2	20	12:21.3	MARKS, Stacie	St Austell Running Club	
2	21	12:28.9	WALKER, Iain	St Austell Running Club	Male Vet
2	22	12:32.8	STEPHENS, Emma	Bodmin Road Runners	
2	23	12:34.1	ALLEN, Peter	Newquay Road Runners	Male Vet
2	24	12:37.9	WILSON, Michael	Truro Running Club	Male Vet
2	25	12:47.0	FINNIMORE, Clive	Looe Pioneers	Male Vet
2	26	12:50.0	ADIE, Saskia		
2	27	13:22.3	GREGORY, Elysia	Looe Pioneers	
2	28	13:28.6	GREGORY, Amy	Newquay Road Runners	
2	29	14:11.3	GREGORY, Martin	Looe Pioneers	Male Vet
3	1	10:47.6	TRUDGIAN, Andy	St Austell Running Club	Male Vet
3	2	11:32.3	CARTER, Neil	Newquay Road Runners	
3	3	11:48.0	OSBORNE, Barry	PB Running Club	Male Vet
3	4	12:19.5	BREEN, Donal	Truro Running Club	Male Vet
3	5	12:30.6	BEARD, Robert	PB Running Club	Male Vet
3	6	12:45.6	BEARD, Sharon	PB Running Club	Female Vet
3	7	12:52.6	MCKENZIE, Tracy	Newquay Road Runners	Female Vet
3	8	12:52.9	HORTON, John	Newquay Par	Male Vet
3	9	13:12.1	WOODFINE-BEARD, Kelly	Newquay Road Runners Bodmin Womens Running	
3	10	13:19.6	JEFFREY-JONES, Monique	Club	Female Vet
3	11	13:45.7	MACLAREN, Lesley	lonely Goat AC	

3	12	13:54.7	TAPSELL, Joanne	Bodmin Womens Running Club	Female Vet
3	13	14:13.2	HALL, Nicola	Bodmin Womens Running Club	Female Vet
3	14	14:21.7	CARTER, Anna	Newquay Road Runners	
3	15	14:24.9	CLARKE, Emma	Looe Pioneers	
3	16	14:46.6	HOTCHKISS, Dave	Looe Pioneers	Male Vet
3	17	14:55.8	SAUNTER, Jenny	Bodmin Womens Running Club	Female Vet
3	18	15:02.8	CARTER, Hayley	Newquay Road Runners	
3	19	15:07.2	LILLIS, John	Newquay Road Runners	Male Vet
3	20	15:07.7	DYMOND, Amanda	Bodmin Womens Running Club	Female Vet
3	21	15:09.1	PARSONS, Alison	Bodmin Womens Running Club	Female Vet
3	22	15:12.4	GOATMAN, Charlotte	Bodmin Womens Running Club	
3	23	15:38.0	CARTHEW, Elizabeth	Bodmin Womens Running Club	Female Vet
3	24	16:01.7	BERRY, Tony	Truro Running Club	Male Vet
3	25	16:39.7	WRIGHT, Karen	Bodmin Womens Running Club	Female Vet
3	26	17:53.5	COOPER, Guy	Looe Pioneers	Male Vet
3	27	18:26.0	GREGORY, Julia	Looe Pioneers	Female Vet