

Meet Your Max 2021 Results

Scroll down for Gender, Age Category and Team Results

Overall Results

Place	Name	AG	Club	ChipTime	GunTime
1	Ryan Hanley	Male 18-39	Cornwall AC	46:04	46:06
2	Eleanor Davis	Female 18-39	Newquay Road Runners	47:07	47:08
3	Alex Marples	Male 40-44	Truro Running Club	48:47	48:49
4	Steve Reynolds	Male 18-39	Truro Running Club	48:45	48:50
5	John McWilliams	Male 18-39	Mile High	49:09	49:11
6	Tom Howell	Male 18-39	Mile High	49:21	49:23
7	Jamie Masters	Male 18-39	St Austell Running Club	50:06	50:09
8	Jacob Howard-Endean	Male 18-39	STAARC	50:07	50:10
9	Dan Alsop	Male 40-44	St Austell Running Club	50:38	50:40
10	Shane Ohly	Male 40-44	Helm Hill Runners	51:02	51:05
11	Elliot Nicholson	Male 18-39		51:29	51:35
12	Paul Sole	Male 40-44	Cornwall AC	51:35	51:38
13	Tom Chugg	Male 40-44	St Austell Running Club	52:11	52:14

14	Charles Buscombe	Male 18-39	Newquay Road Runners	52:56	53:00
15	Neil Hayhurst	Male 40-44	Hayle Runners	53:13	53:15
16	Simon Knowles	Male 45-49	Hayle Runners	53:19	53:22
17	Tim van Berkel	Male 18-39		53:53	53:59
18	Richard Dalton	Male 18-39	Falmouth RRC	53:55	53:59
19	Amy James	Female 18-39	Falmouth RRC	54:38	54:43
20	Samuel Davies	Male 18-39	Falmouth RRC	54:46	54:50
21	Dan Howes	Male 45-49	PB Running Club	54:43	54:52
22	Paul Johnson	Male 18-39	St Austell Running Club	54:48	54:52
23	Jeremy Stephens	Male 50-54	Hayle Runners	54:51	54:55
24	Richard Chynoweth	Male 40-44	Truro Running Club	55:01	55:04
25	Julian Brown	Male 55-59	Macclesfield Harriers & AC	55:03	55:07
26	Adrian Ball	Male 50-54	Cornwall AC	55:10	55:15
27	David Capps	Male 18-39	Falmouth RRC	55:18	55:25
28	James Stevens	Male 40-44		55:51	55:57

29	Anna Harrold	Female 40-44	Truro Running Club	56:18	56:23
30	Robert Standing	Male 45-49	Truro Running Club	56:21	56:25
31	Phil Robinson	Male 40-44		56:36	56:41
32	Neil Harding	Male 18-39		56:49	56:54
33	Amy Sole	Female 18-39	Cornwall AC	56:54	56:58
34	Roger Langford	Male 45-49		56:50	57:00
35	Mike Dowrick	Male 45-49	Tri Logic Cornwall	57:11	57:15
36	Rosie Gibbons	Female 40-44	Cornwall AC	57:20	57:24
37	Robin Watson	Male 55-59	Falmouth RRC	57:39	57:43
38	Kevin Taylor	Male 18-39	Falmouth RRC	57:46	57:51
39	Jago Bayley	Male 18-39	Truro Running Club	57:46	57:52
40	Lucy Williams	Female 18-39	Truro Running Club	57:46	57:52
41	Toby Lowe	Male 50-54	Newquay Road Runners	57:59	58:04
42	Ralph Graves	Male 45-49	Truro Running Club	58:07	58:14
43	Robert Chirgwin	Male 18-39	Truro Running Club	58:12	58:16

44	Emma Mossop	Female 45-49	Falmouth RRC	58:14	58:20
45	Iain Walker	Male 65-69	St Austell Running Club	58:17	58:23
46	Neil Carter	Male 18-39	Newquay Road Runners	58:33	58:38
47	Jodie Gauld	Female 18-39	St Austell Running Club	59:00	59:06
48	Sean Marsh	Male 50-54		59:08	59:19
49	Gareth Casey	Male 45-49		1:00:11	1:00:18
50	Oisin Curtis	Male 18-39	Hayle Runners	1:00:21	1:00:28
51	Chris Annear	Male 18-39	Vegan Runners UK	56:44	1:00:40
52	Sarah Whyman	Female 18-39		1:00:35	1:00:43
53	John James	Male 40-44	Hayle Runners	1:00:41	1:00:50
54	Colin Bathe	Male 50-54	Truro Running Club	1:00:51	1:00:59
55	John Yelland	Male 45-49	Mad Hatter Sports Events	1:01:02	1:01:15
56	Russell King	Male 40-44	Falmouth RRC	1:01:19	1:01:30
57	Michael Rooney	Male 18-39		1:01:34	1:01:48
58	Andy Stallard	Male 55-59	Truro Running Club	1:01:45	1:01:55

59	Leo Muid	Male 40-44	Falmouth RRC	1:01:49	1:01:58
60	Doug Alsop	Male 70+	St Austell Running Club	1:02:01	1:02:09
61	John Sole	Male 40-44	Cornwall AC	1:02:16	1:02:20
62	Ben Leach	Male 40-44		1:02:19	1:02:27
63	Luke Dimech	Male 40-44		1:02:22	1:02:33
64	Helen Mitchell	Female 55-59	Truro Running Club	1:02:22	1:02:35
65	Rebecca Tossell	Female 18-39	Hayle Runners	1:02:33	1:02:40
66	Rachael Thomas	Female 45-49	Cornwall AC	1:02:54	1:03:05
67	Jim Nettleton	Male 50-54	Truro Running Club	1:03:12	1:03:18
68	Joseph Tonkin	Male 18-39		1:03:18	1:03:32
69	Anne Maskell	Female 55-59	Truro Running Club	1:03:43	1:03:53
70	Gail Hartill	Female 45-49		1:03:54	1:04:03
71	Mark Picken	Male 45-49		1:04:01	1:04:15
72	Nina Lemon	Female 45-49		1:04:19	1:04:27
73	James Davies	Male 18-39	Truro Running Club	1:04:24	1:04:30

74	Matt Trevail	Male 40-44		1:04:08	1:04:31
75	Neil Stubbs	Male 18-39		1:04:22	1:04:32
76	Joseph Stanford	Male 45-49	Truro Running Club	1:04:33	1:04:40
77	Stacie Marks	Female 18-39	PB Running Club	1:04:38	1:04:45
78	David Wilcox	Male 45-49	Truro Running Club	1:04:35	1:04:49
79	Gregory May	Male 40-44	Carn Runners	1:04:20	1:04:50
80	Chris Gould	Male 45-49		1:05:02	1:05:12
81	Andrew Ferguson	Male 55-59	Otley AC	1:05:10	1:05:16
82	Benjamin Annear	Male 18-39	GoodGym Race Team	1:05:15	1:05:27
83	Melissa Nicholas	Female 18-39	Hayle Runners	1:05:58	1:06:05
84	Ian Leedham	Male 60-64	Newquay Road Runners	1:05:51	1:06:06
85	Corinne Gerrard	Female 50-54	Hayle Runners	1:06:24	1:06:33
86	Emma Figures	Female 18-39		1:06:21	1:06:33
87	Rosie Bradbury	Female 18-39	Falmouth RRC	1:06:22	1:06:34
88	Craig Varcoe	Male 18-39		1:06:28	1:06:41

89	Andy Vosper	Male 60-64	Bodmin Road Runners	1:06:37	1:06:52
90	Ben Keverne	Male 18-39		1:06:40	1:06:56
91	Jessica Howard-Endean	Female 18-39		1:07:06	1:07:18
92	Pete Walker	Male 18-39	Truro Running Club	1:07:14	1:07:25
93	Claire Gwennap	Female 18-39	Tri Logic Cornwall	1:07:05	1:07:28
94	Michael Adams	Male 45-49	Lonely Goat RC	1:07:14	1:07:32
95	Paul Sneyd	Male 50-54	Hayle Runners	1:07:35	1:07:44
96	Peter Parker	Male 65-69		1:07:36	1:07:47
97	Jon Ford-Dunn	Male 65-69		1:07:32	1:07:50
98	Armando Vieira	Male 45-49	St Austell Running Club	1:07:39	1:07:56
99	Julia Maskell	Female 18-39	Dulwich Runners	1:07:51	1:08:03
100	Marc David De Zorzi	Male 50-54	St Austell Running Club	1:07:53	1:08:08
101	Jonathan Berridge	Male 45-49	Truro Running Club	1:08:01	1:08:13
102	Emily Ellen	Female 40-44	Hayle Runners	1:08:08	1:08:23
103	Chris Williams	Male 45-49		1:08:16	1:08:28

104	Liz Trebilcock	Female 55-59	Truro Running Club	1:08:15	1:08:28
105	Gill Rose	Female 50-54	Hayle Runners	1:08:18	1:08:29
106	Richard Snell	Male 50-54	Hayle Runners	1:08:18	1:08:29
107	Ben Baines	Male 40-44		1:08:23	1:08:38
108	Lauren Bailey	Female 18-39	Truro Running Club	1:09:03	1:09:21
109	Peter Allen	Male 60-64	Newquay Road Runners	1:09:18	1:09:25
110	Daniel Wotton	Male 18-39		1:09:26	1:09:45
111	Colette Clements	Female 40-44	Newquay Road Runners	1:09:48	1:09:54
112	Matthew Stuart	Male 45-49		1:09:45	1:09:55
113	Vivian Bray	Male 55-59	Cornwall AC	1:09:33	1:09:56
114	Lisa Talling	Female 50-54	Newquay Road Runners	1:09:42	1:10:00
115	Lesley Tugwell	Female 45-49	Worthing & District Harriers	1:10:09	1:10:23
116	Luke Bennett	Male 55-59		1:10:08	1:10:32
117	Vicky Fleet	Female 40-44	Falmouth RRC	1:10:19	1:10:32

118	David Jackson	Male 45-49	Falmouth RRC	1:10:47	1:11:01
119	Gareth Rowe	Male 60-64	Newquay Road Runners	1:11:01	1:11:17
120	Joanna Miles	Female 55-59	Macclesfield Harriers & AC	1:11:16	1:11:27
121	Taylor Hosking	Male 18-39		1:11:14	1:11:29
122	Zoe De-Kisshazy	Female 18-39	Truro Running Club	1:11:23	1:11:37
123	Esther Hocking	Female 45-49		1:12:46	1:13:02
124	Adam Broughton	Male 50-54		1:12:56	1:13:08
125	Josh Foley	Male 18-39	Runcrew	1:12:49	1:13:10
126	James Stephens	Male 18-39	St Austell Running Club	1:13:33	1:13:47
127	Isabel Irwin-Bowler	Female 18-39	St Austell Running Club	1:13:38	1:13:52
128	Joanna Rich	Female 40-44	St Austell Running Club	1:13:44	1:13:58
129	Robert Burrows	Male 65-69	Hayle Runners	1:14:07	1:14:24
130	Helen Thomas	Female 50-54	Truro Running Club	1:14:19	1:14:35
131	Neill Furlonger	Male 18-39		1:14:18	1:14:41

132	Amanda Greenwood	Female 45-49		1:14:28	1:14:46
133	Amy Jose	Female 18-39	Hayle Runners	1:14:56	1:15:02
134	Diane Warren	Female 65-69	Hayle Runners	1:14:48	1:15:05
135	Karina Bowers	Female 40-44	St Austell Running Club	1:14:54	1:15:08
136	Katie Bullock	Female 18-39	Newquay Road Runners	1:15:11	1:15:23
137	Nigel Knuckey	Male 65-69	Truro Running Club	1:15:24	1:15:41
138	Terry Ansell	Male 40-44		1:15:26	1:15:49
139	Gemma Jenkins	Female 40-44	Runcrew	1:15:40	1:16:01
140	Lisa Buscombe	Female 45-49	Truro Running Club	1:15:42	1:16:02
141	Eleanor Parkin	Female 18-39	Truro Running Club	1:15:46	1:16:06
142	Sam Murray	Female 50-54		1:16:04	1:16:22
143	Karen Usher	Female 50-54	Hayle Runners	1:16:09	1:16:25
144	Tamzin Davey	Female 50-54	Cornwall AC	1:15:59	1:16:29

145	Sarah Canavan-King	Female 40-44		1:16:10	1:16:29
146	Chunky (Antony) Penhaul	Male 70+	Hayle Runners	1:16:19	1:16:43
147	Michael Courtney	Male 18-39		1:16:23	1:16:48
148	Sam Lara	Male 18-39		1:16:35	1:16:58
149	Morwenna Bilham	Female 18-39		1:16:39	1:17:02
150	Graham Laidler	Male 45-49	Bodmin Road Runners	1:16:46	1:17:08
151	Alison Weir	Female 50-54	Falmouth RRC	1:17:21	1:17:37
152	Dean Blatch	Male 40-44		1:17:21	1:17:44
153	Connie O`Brien	Female 18-39		1:17:34	1:17:59
154	Val Carter	Female 55-59		1:17:50	1:18:08
155	Chloe Thomas	Female 40-44	Newquay Road Runners	1:18:14	1:18:36
156	Chloe Rickard	Female 18-39		1:18:39	1:18:59
157	Gareth Rees	Male 18-39		1:18:43	1:19:18
158	Gillian Onley	Female 55-59	Cornwall AC	1:19:13	1:19:33

159	Philip Spargo	Male 65-69	Truro Running Club	1:19:26	1:19:45
160	Gemma Finnegan	Female 40-44		1:19:38	1:20:07
161	Michelle Roskilly	Female 50-54	Hayle Runners	1:21:03	1:21:23
162	Amanda Berridge	Female 40-44	Truro Running Club	1:22:15	1:22:37
163	Lauren Gray	Female 18-39	Orion Harriers	1:22:47	1:23:08
164	Natalie Jewell	Female 40-44	Falmouth RRC	1:23:03	1:23:32
165	Simon Francis	Male 50-54		1:23:25	1:23:40
166	Bryony Halliday	Female 18-39	Cornwall AC	1:23:24	1:23:43
167	Juliet Stewart	Female 55-59	Truro Running Club	1:24:10	1:24:28
168	Claire Barlow	Female 45-49	Bodmin Road Runners	1:24:14	1:24:35
169	Richard Moyle	Male 45-49		1:24:27	1:24:58
170	Emily Canty	Female 18-39	Runcrew	1:24:29	1:24:59
171	Merlin Keating	Male 50-54	St Austell Running Club	1:25:11	1:25:34
172	Milly Lytham	Female 18-39		1:25:20	1:25:46

173	Jane Rowe	Female 55-59	Newquay Road Runners	1:25:18	1:25:59
174	Paula Vieira	Female 40-44	St Austell Running Club	1:26:14	1:26:31
175	Simon James	Male 45-49	Cornwall AC	1:26:15	1:26:36
176	Ben Dutton	Male 18-39	Runcrew	1:26:33	1:27:05
177	Sarah Booker	Female 50-54	Falmouth RRC	1:26:41	1:27:08
178	Sally Martin	Female 45-49	Falmouth RRC	1:26:41	1:27:08
179	Davina Bohane	Female 60-64	Truro Running Club	1:26:48	1:27:27
180	Jenna Butler	Female 18-39	Lonely Goat RC	1:27:15	1:27:46
181	Clare Quarton	Female 18-39	Runcrew	1:27:21	1:27:52
182	Sarah Hill	Female 50-54	Newquay Road Runners	1:27:38	1:27:56
183	Paul Higgins	Male 55-59		1:27:52	1:28:11
184	Georgina Symons	Female 40-44	St Austell Running Club	1:28:29	1:28:51
185	Des Evans	Male 70+	Newquay Road Runners	1:28:48	1:29:08
186	Garry Player	Male 55-59	Newquay Road Runners	1:29:11	1:29:33

187	Ian Ringer	Male 70+	Bodmin Road Runners	1:29:12	1:29:47
188	Jo Carter	Female 45-49	Falmouth RRC	1:29:47	1:30:15
189	Nicola Crilly	Female 45-49	Falmouth RRC	1:29:47	1:30:16
190	Sandra Haynes	Female 50-54		1:30:07	1:30:39
191	Jacqui Moore	Female 60-64	BRJ Tri Running Club	1:30:16	1:30:44
192	Tamsyn Mcgrane	Female 40-44	Hayle Runners	1:30:19	1:30:47
193	Amy Abraham	Female 18-39	Hayle Runners	1:30:19	1:30:47
194	Natalie Rogers	Female 40-44	Hayle Runners	1:30:20	1:30:48
195	Victoria Rees	Female 18-39		1:31:25	1:32:06
196	Kelly Bills	Female 45-49	Carn Runners	1:31:38	1:32:16
197	Anya Martin	Female 45-49	Carn Runners	1:31:41	1:32:20
198	Morwenna Bennett	Female 55-59		1:32:17	1:32:47
199	Kathryn Marsh	Female 45-49	Carn Runners	1:32:25	1:33:03

200	Ruth Phillips	Female 45-49	Hayle Runners	1:33:43	1:34:08
201	Kathran Dormer	Female 70+	Falmouth RRC	1:34:47	1:35:09
202	Claire Payne	Female 50-54	Carn Runners	1:36:29	1:37:08
203	Lisa Player	Female 55-59	Newquay Road Runners	1:36:30	1:37:11
204	Sandra Shelley	Female 55-59		1:36:30	1:37:12
205	Robert Bolitho	Male 60-64	Mounts Bay Harriers	1:37:20	1:37:54
206	Roy Newton	Male 70+	Falmouth RRC	1:38:59	1:39:32
207	Michael Wooding	Male 70+	Newquay Road Runners	1:42:30	1:43:10
208	Julie Bolitho	Female 55-59	Mounts Bay Harriers	1:43:05	1:43:41
209	Susan Thomas	Female 40-44	Hayle Runners	1:43:48	1:44:24
210	Helen Cattran-Dunlop	Female 55-59	Hayle Runners	1:43:48	1:44:24
211	Jennie Massey	Female 60-64	Hayle Runners	1:43:48	1:44:24
212	Adrian Bolt	Male 50-54	Truro Running Club	1:52:42	1:53:15
213	Clair Richards	Female 45-49		1:54:00	1:54:34

214	Caroline Vinnicombe	Female 45-49	Cornwall AC	1:54:03	1:54:38
215	Emma Mankee	Female 50-54		1:54:04	1:54:38
216	Peter Jenkin	Male 65-69	Falmouth RRC	1:58:09	1:58:41

Gender Results

Place	Bib	Name	YoB	AG	Club	ChipTime	GunTime
Female							
1.	217	Eleanor Davis	1989	Female 18-39	Newquay Road Runners	47:07	47:08
2.	36	Amy James	1993	Female 18-39	Falmouth RRC	54:38	54:43
3.	229	Anna Harrold	1981	Female 40-44	Truro Running Club	56:18	56:23
4.	114	Amy Sole	1985	Female 18-39	Cornwall AC	56:54	56:58
5.	35	Rosie Gibbons	1977	Female 40-44	Cornwall AC	57:20	57:24
Male							
1.	107	Ryan Hanley	1988	Male 18-39	Cornwall AC	46:04	46:06
2.	185	Alex Marples	1978	Male 40-44	Truro Running Club	48:47	48:49

3.	136	Steve Reynolds	1986	Male 18-39	Truro Running Club	48:45	48:50
4.	33	John McWilliams	1984	Male 18-39	Mile High	49:09	49:11
5.	133	Tom Howell	1984	Male 18-39	Mile High	49:21	49:23

Age Category Results

Place	Name	Club	ChipTime	GunTime
Female 18-39				
1.	Eleanor Davis	Newquay Road Runners	47:07	47:08
2.	Amy James	Falmouth RRC	54:38	54:43
3.	Amy Sole	Cornwall AC	56:54	56:58
Female 40-44				
1.	Anna Harrold	Truro Running Club	56:18	56:23
2.	Rosie Gibbons	Cornwall AC	57:20	57:24
3.	Emily Ellen	Hayle Runners	1:08:08	1:08:23
Female 45-49				
1.	Emma Mossop	Falmouth RRC	58:14	58:20
2.	Rachael Thomas	Cornwall AC	1:02:54	1:03:05

3.	Gail Hartill		1:03:54	1:04:03
Female 50-54				
1.	Corinne Gerrard	Hayle Runners	1:06:24	1:06:33
2.	Gill Rose	Hayle Runners	1:08:18	1:08:29
3.	Lisa Talling	Newquay Road Runners	1:09:42	1:10:00
Female 55-59				
1.	Helen Mitchell	Truro Running Club	1:02:22	1:02:35
2.	Anne Maskell	Truro Running Club	1:03:43	1:03:53
3.	Liz Trebilcock	Truro Running Club	1:08:15	1:08:28
Female 60-64				
1.	Davina Bohane	Truro Running Club	1:26:48	1:27:27
2.	Jacqui Moore	BRJ Tri Running Club	1:30:16	1:30:44
3.	Jennie Massey	Hayle Runners	1:43:48	1:44:24
Female 65-69				
1.	Diane Warren	Hayle Runners	1:14:48	1:15:05
Female 70+				
1.	Kathran Dormer	Falmouth RRC	1:34:47	1:35:09

Male 18-39				
1.	Ryan Hanley	Cornwall AC	46:04	46:06
2.	Steve Reynolds	Truro Running Club	48:45	48:50
3.	John McWilliams	Mile High	49:09	49:11
Male 40-44				
1.	Alex Marples	Truro Running Club	48:47	48:49
2.	Dan Alsop	St Austell Running Club	50:38	50:40
3.	Shane Ohly	Helm Hill Runners	51:02	51:05
Male 45-49				
1.	Simon Knowles	Hayle Runners	53:19	53:22
2.	Dan Howes	PB Running Club	54:43	54:52
3.	Robert Standing	Truro Running Club	56:21	56:25
Male 50-54				
1.	Jeremy Stephens	Hayle Runners	54:51	54:55
2.	Adrian Ball	Cornwall AC	55:10	55:15
3.	Toby Lowe	Newquay Road Runners	57:59	58:04
Male 55-59				

1.	Julian Brown	Macclesfield Harriers & AC	55:03	55:07
2.	Robin Watson	Falmouth RRC	57:39	57:43
3.	Andy Stallard	Truro Running Club	1:01:45	1:01:55
Male 60-64				
1.	Ian Leedham	Newquay Road Runners	1:05:51	1:06:06
2.	Andy Vosper	Bodmin Road Runners	1:06:37	1:06:52
3.	Peter Allen	Newquay Road Runners	1:09:18	1:09:25
Male 65-69				
1.	Iain Walker	St Austell Running Club	58:17	58:23
2.	Peter Parker		1:07:36	1:07:47
3.	Jon Ford-Dunn		1:07:32	1:07:50
Male 70+				
1.	Doug Alsop	St Austell Running Club	1:02:01	1:02:09
2.	Chunky (Antony) Penhaul	Hayle Runners	1:16:19	1:16:43
3.	Des Evans	Newquay Road Runners	1:28:48	1:29:08

Female Team Results

Bib	Name	MF Pos	GunTime
1.	Truro Running Club 1	32	
229	Anna Harrold	3.	56:23
81	Lucy Williams	6.	57:52
5	Helen Mitchell	10.	1:02:35
173	Anne Maskell	13.	1:03:53
2.	Falmouth RRC 1	60	
36	Amy James	2.	54:43
142	Emma Mossop	7.	58:20
29	Rosie Bradbury	20.	1:06:34
83	Vicky Fleet	31.	1:10:32
3.	Cornwall AC 1	69	
114	Amy Sole	4.	56:58
35	Rosie Gibbons	5.	57:24
90	Rachael Thomas	12.	1:03:05
103	Tamzin Davey	48.	1:16:29
4.	Hayle Runners 1	70	

241	Rebecca Tossell	11.	1:02:40
109	Melissa Nicholas	17.	1:06:05
50	Corinne Gerrard	18.	1:06:33
230	Emily Ellen	24.	1:08:23
5.	Newquay Road Runners 1	100	
217	Eleanor Davis	1.	47:08
145	Colette Clements	28.	1:09:54
179	Lisa Talling	29.	1:10:00
240	Katie Bullock	42.	1:15:23
6.	St Austell Running Club 1	120	
58	Jodie Gauld	8.	59:06
223	Isabel Irwin-Bowler	35.	1:13:52
143	Joanna Rich	36.	1:13:58
134	Karina Bowers	41.	1:15:08
7.	Truro Running Club 2	122	
210	Liz Trebilcock	25.	1:08:28
100	Lauren Bailey	27.	1:09:21

245	Zoe De-Kisshazy	33.	1:11:37
47	Helen Thomas	37.	1:14:35
8.	Hayle Runners 2	152	
111	Gill Rose	26.	1:08:29
250	Amy Jose	39.	1:15:02
231	Diane Warren	40.	1:15:05
239	Karen Usher	47.	1:16:25
9.	Truro Running Club 3	211	
92	Lisa Buscombe	44.	1:16:02
94	Eleanor Parkin	45.	1:16:06
9	Amanda Berridge	59.	1:22:37
205	Juliet Stewart	63.	1:24:28
10.	Falmouth RRC 2	251	
31	Alison Weir	51.	1:17:37
200	Natalie Jewell	61.	1:23:32
183	Sarah Booker	69.	1:27:08
186	Sally Martin	70.	1:27:08

11.	Newquay Road Runners 2	286	
196	Chloe Thomas	54.	1:18:36
161	Jane Rowe	67.	1:25:59
76	Sarah Hill	74.	1:27:56
17	Lisa Player	91.	1:37:11
12.	Hayle Runners 3	301	
181	Michelle Roskilly	58.	1:21:23
54	Tamsyn Mcgrane	80.	1:30:47
236	Amy Abraham	81.	1:30:47
99	Natalie Rogers	82.	1:30:48
13.	Carn Runners 1	346	
37	Kelly Bills	84.	1:32:16
23	Anya Martin	85.	1:32:20
152	Kathryn Marsh	87.	1:33:03
40	Claire Payne	90.	1:37:08
14.	Hayle Runners 4	373	
25	Ruth Phillips	88.	1:34:08

89	Susan Thomas	94.	1:44:24
52	Helen Cattran-Dunlop	95.	1:44:24
51	Jennie Massey	96.	1:44:24

Male Team Results

Bib	Name	MF Pos	Gun Time
1.	St Austell Running Club 1	46	
153	Jamie Masters	6.	50:09
138	Dan Alsop	8.	50:40
129	Tom Chugg	12.	52:14
169	Paul Johnson	20.	54:52
2.	Truro Running Club 1	54	
185	Alex Marples	2.	48:49
136	Steve Reynolds	3.	48:50
1	Richard Chynoweth	22.	55:04
85	Robert Standing	27.	56:25
3.	Cornwall AC 1	88	

107	Ryan Hanley	1.	46:06
115	Paul Sole	11.	51:38
207	Adrian Ball	24.	55:15
221	John Sole	52.	1:02:20
4.	Falmouth RRC 1	92	
16	Richard Dalton	17.	53:59
141	Samuel Davies	18.	54:50
15	David Capps	25.	55:25
21	Robin Watson	32.	57:43
5.	Hayle Runners 1	92	
110	Neil Hayhurst	14.	53:15
121	Simon Knowles	15.	53:22
248	Jeremy Stephens	21.	54:55
238	Oisin Curtis	42.	1:00:28
6.	Truro Running Club 2	152	
113	Jago Bayley	34.	57:52
137	Ralph Graves	36.	58:14

220	Robert Chirgwin	37.	58:16
225	Colin Bathe	45.	1:00:59
7.	Newquay Road Runners 1	154	
172	Charles Buscombe	13.	53:00
135	Toby Lowe	35.	58:04
206	Neil Carter	39.	58:38
212	Ian Leedham	67.	1:06:06
8.	Falmouth RRC 2	217	
235	Kevin Taylor	33.	57:51
27	Russell King	47.	1:01:30
242	Leo Muid	50.	1:01:58
170	David Jackson	87.	1:11:01
9.	Truro Running Club 3	223	
124	Andy Stallard	49.	1:01:55
87	Jim Nettleton	55.	1:03:18
222	James Davies	58.	1:04:30
191	Joseph Stanford	61.	1:04:40

10.	St Austell Running Club 2	242	
148	Iain Walker	38.	58:23
132	Doug Alsop	51.	1:02:09
131	Armando Vieira	76.	1:07:56
104	Marc David De Zorzi	77.	1:08:08
11.	Hayle Runners 2	290	
118	John James	44.	1:00:50
122	Paul Sneyd	73.	1:07:44
112	Richard Snell	80.	1:08:29
211	Robert Burrows	93.	1:14:24
12.	Truro Running Club 4	306	
106	David Wilcox	62.	1:04:49
71	Pete Walker	71.	1:07:25
10	Jonathan Berridge	78.	1:08:13
7	Nigel Knuckey	95.	1:15:41
13.	Newquay Road Runners 2	391	
194	Peter Allen	82.	1:09:25

160	Gareth Rowe	88.	1:11:17
74	Des Evans	110.	1:29:08
18	Garry Player	111.	1:29:33