

DAN 10K County Championships 2021

25.08.2021

Par Athletics Track

Heat 1

Place	No	Name	Club	Time	
1	36	Samuel Goodchild SM	CAC	33:25.3	1st Male
2	49	Liam Rowe SM	CAC	34:55.4	2nd Male
3	45	Tom Howell M35	N&PAC	35:19.2	3rd Male and 1st Vet Male
4	42	David Crawford SM	PB RC	35:32.8	
5	38	Ryan Gibbons SM	U/a	36:45.5	
6	40	Catherine O'Dwyer W40	CAC	37:16.6	1st Female and 1st Vet Female
7	46	James Blight M35	Tamar Trotters	37:21.4	
8	56	Matthew Railton U20M	CAC	37:24.1	1st Under 20 Male
9	52	Alex Daniels M45	Newquay RR	37:25.0	
10	43	Alan Williams M40	Tamar Trotters	37:25.1	
11	35	Mark Knight M45	N&PAC	37:46.7	
12	39	John Steadman M40	CAC	37:56.0	
13	37	Emma Stepto W50	CAC	38:50.9	2nd Female
14	41	James Davies M35	Truro RC	39:32.1	
15	44	Robert Chirgwin SM	Truro RC	39:39.4	

Heat 2

1	50	John Sole M40	CAC	39:26.3	
2	57	Matthew Fox SM	CAC	40:30.6	
3	48	Steve Baker M60	Tamar Trotters	40:43.6	
4	55	Matthew Henderson SM	STARC	41:31.0	
5	51	Jon Eldon M60	Carn Runners	41:38.2	
6	54	Ross Lawry M40	STARC	43:47.3	
7	47	Peter Allen M60	Newquay RR	45:27.9	
8	53	Anthony Burrows M55	Hayle R	49:11.6	