

M 100m A			M 100m B		
1 Dave King		PLY 11.1	1 Andrew Scull		CLT 12.1
2 Adam Peachey		CLT 11.3	2 Jack Dunn	U17	SEW 12.1
3 Jake Dawkins	U17	SEW 11.5	3 Todd Mitchell	U17	PLY 12.5
4 Harrison Sayer		GLR 11.6			
M 200m A			M 200m B		
1 Jack Wightman	U17	PLY 22.6	1 Jake Dawkins	U17	SEW 23.5
2 Adam Peachey		CLT 23.0	2 Andrew Scull		CLT 23.8
3 Harrison Sayer		GLR 23.3	3 Jack Tonkin		PLY 23.9
4 Jack Dunn	U17	SEW 24.1	4 Andrew Bowers	U17	GLR 25.4
M 400m A			M 400m B		
1 Jack Wightman	U17	PLY 50.3	1 Dan Kelland		PLY 52.9
2 Matthew Antoniazzi		SEW 50.8	2 Ben McEwen		SEW 53.2
3 Dan Owen		CLT 53.3	3 Carsten Adams		CLT 53.4
4 Andrew Bowers	U17	GLR 55.9			
M 800m A			M 800m B		
1 Rhys Lloyd	U17	CLT 2.02.7	1 Harry Mahoney	U17	CLT 2.05.2
2 James Blackford	U17	PLY 2.06.5	2 Sam Harry		PLY 2.10.3
3 Jacob Zennadi		SEW 2.14.9	3 Matthew Tucker	U17	SEW 2.16.1
M 1500m A			M 1500m B		
1 Dan Owen		CLT 4.19.2	1 Harry Mahoney	U17	CLT 4.36.4
2 Ashley Smith		PLY 4.22.6	2 James Smith		PLY 4.40.5
3 Jacob Zennadi		SEW 4.52.4			
M 3000m A			M 3000m B		
1 Emrys Penny		SEW 9.25.2	1 Todd Mitchell	U17	PLY 10.31.3
2 James Blackford	U17	PLY 9.37.2			
3 Yesper Adams		CLT 11.39.7			
M 110mH A			M 110mH B		
1 Dave King		PLY 14.8	1 George Hilderley		PLY 20.6
2 Ben McEwen		SEW 18.5			
3 Sean Beckett		GLR 24.0			
M 400mH A			M 400mH B		
1 Dan Owen		CLT 59.0			
2 Ben McEwen		SEW 59.4			
3 Sean Beckett		GLR 75.7			
M 2000m SC A			M 2000m SC B		
1 Dan Owen		CLT 6.28.5	1 Harry Mahoney	U17	CLT 7.28.0
2 Emrys Penny		SEW 6.33.2			
3 Ashley Smith		PLY 6.58.7			
M Discus Throw A			M Discus Throw B		
1 Josh Bussell		SEW 42.52	1 Jacob Lange	U17	GLR 24.85
2 Tim Champion		GLR 40.75	2 Yesper Adams		CLT 14.51
3 Will Sage		CLT 22.33			
4 James Arnott	U17	PLY 14.10			

M Hammer Throw A

1 Jacob Lange U17 GLR 48.73  
2 Josh Bussell SEW 31.31  
3 Liam Downer CLT 28.77

M Hammer Throw B

1 Tim Champion GLR 24.32  
2 Fearghas Gough SEW 23.60  
3 Will Sage CLT 14.71

M High Jump A

1 Connor Swan U17 PLY 1.65

M High Jump B

1 Frazer Clark PLY 1.60

M Javelin Throw A

1 Connor Swan U17 PLY 49.82  
2 Will Sage CLT 47.86  
3 Fearghas Gough SEW 45.14  
4 Sean Beckett GLR 32.30

M Javelin Throw B

1 Liam Downer CLT 44.23  
2 Frazer Clark PLY 40.52  
3 Tyron Blake SEW 30.94  
4 Tom Beckett U17 GLR 22.31

M Long Jump A

1 Tyron Blake SEW 6.50  
2 Dave King PLY 6.16  
3 Adam Peachey CLT 5.23  
4 Tom Beckett U17 GLR 4.89

M Long Jump B

1 Sam Hughes U17 SEW 5.45  
2 Kieran Harvey PLY 5.42  
3 Carsten Adams CLT 4.88

M Pole Vault A

1 Tom Stubbs CLT 2.80

M Pole Vault B

M Shot Putt A

1 Josh Bussell SEW 13.21  
2 Tim Champion GLR 11.34  
3 Frazer Clark PLY 10.30  
4 Liam Downer CLT 10.10

M Shot Putt B

1 Jacob Lange U17 GLR 10.82  
2 Tyron Blake SEW 9.03  
3 Yesper Adams CLT 8.03  
4 Kieran Harvey PLY 6.97

M Triple Jump A

1 Sam Hughes U17 SEW 12.75  
2 Tom Stubbs CLT 11.01  
3 James Arnott U17 PLY 9.26

M Triple Jump B

1 Carsten Adams CLT 10.61

W 100m A

1 Lamorna Newman PLY 12.5  
2 Kelly Constable U17 GLR 12.8  
3 Harriet Sawle U17 CLT 13.1  
4 Charlotte Evans U17 SEW 13.8

W 100m B

1 Louise Ward U17 CLT 13.2  
2 Becky Trevena PLY 13.8  
3 Adella Hill U17 GLR 14.1  
4 Bethan Jackson U17 SEW 14.8

W 200m A

1 Lamorna Newman PLY 25.9  
2 Kelly Constable U17 GLR 26.1  
3 Louise Ward U17 CLT 27.4  
4 Charlotte Evans U17 SEW 28.6

W 200m B

1 Dayna Willoughby U17 GLR 26.2  
2 Jess Strang U17 PLY 27.1  
3 Bethan Jackson U17 SEW 30.8

W 400m A

1 Charlotte Clyton-Smith U17 PLY 57.4  
2 Dayna Willoughby U17 GLR 60.7  
3 Harriet Sawle U17 CLT 63.9

W 400m B

1 Amy Sweet PLY 60.9  
2 Danielle Mulraney U17 GLR 65.7

W 800m A		W 800m B	
1 Malika Rezoughi	U17 SEW 2.25.1	1 Elizabeth Sandham	CLT 2.43.8
2 Mia O'Connell	CLT 2.28.1	2 Cheyene Sinclair	U17 SEW 2.47.0
3 Katie Burns	PLY 2.28.6	3 Hannah Jones	U17 GLR 2.49.2
4 Kate Davies	U17 GLR 2.33.7		
W 1500m A		W 1500m B	
1 Malkia Rezoughi	U17 SEW 5.08.8	1 Elizabeth Sandham	CLT 5.53.4
2 Kaite Burns	PLY 5.13.3	2 Cheyene Sinclair	U17 SEW 5.57.5
3 Beth Hawlings	CLT 5.33.3		
W 3000m A		W 3000m B	
1 Elizabeth Sandham	CLT 12.15.8	1 Beth Hawlings	CLT 12.16.0
W 100mH A		W 100mH B	
1 Lamorna Newman	PLY 16.7	1 Phillipa Brett	PLY 19.0
W 400mH A		W 400mH B	
1 Jenna Bierton	U17 PLY 75.8		
2 Bethan Jackson	U17 SEW 76.8		
W 1500m Sc A		W 1500m Sc B	
		No competitors	
W Discus Throw A		W Discus Throw B	
1 Annabel Sherry	U17 CLT 32.66	1 Millie Wood	U17 CLT 29.16
2 Lottie Jose	U17 PLY 25.68	2 Danielle Burton	U17 PLY 14.36
3 Lucy Humphreys	U17 GLR 19.68		
W Hammer Throw A		W Hammer Throw B	
1 Maria Brett	U17 PLY 40.06	1 Millie Wood	U17 CLT 21.71
2 Annabel Sherry	U17 CLT 38.48	2 Phillipa Brett	PLY 16.40
3 Lucy Humphreys	U17 GLR 26.59		
W High Jump A		W High Jump B	
1 Kate Davies	U17 GLR 1.50	1 Jenna Bierton	U17 PLY 1.30
2 Phillipa Brett	PLY 1.45		
W Javelin Throw A		W Javelin Throw B	
1 Phillipa Brett	PLY 23.48	1 Beth Hawlings	CLT 9.78
2 Hannah Jones	U17 GLR 15.98	2 Maria Brett	U17 PLY 6.28
3 Bethan Jackson	U17 SEW 15.70		
4 Mia O'Connell	CLT 9.85		

W Long Jump A

1 Harriet Hunter U17 GLR 4.66  
2 Becky Trevena PLY 4.13  
3 Louise Ward U17 CLT 3.92  
4 Cheyene Sinclair U17 SEW 3.62

W Long Jump B

W Pole Vault A

1 Danielle Burton U17 PLY 1.85

W Pole Vault B

W Shot Putt A

1 Annabel Sherry CLT 11.61  
2 Kate Davies U17 GLR 9.43  
3 Becky Trevena PLY 6.80

W Shot Putt B

1 Millie Wood CLT 10.06  
2 Lucy Humphries U17 GLR 7.43  
3 Kaite Burns PLY 5.10

W Triple Jump A

1 Lottie Jose U17 PLY 10.74  
2 Harriet Hunter U17 GLR 9.19  
3 Beth Hawlings CLT 7.90

W Triple Jump B

1 Lamorna Newman PLY 9.31

W 4x100m Relay

1 GLR 52.4 1 Kate Davies U17 2 Dayna Willoughby U17  
3 Adella Hill U17 4 Kelly Constable U17  
2 PLY 53.1 1 Becky Trevena 2 Lamorna Newman  
3 Jess Strang U17 4 Jenna Bierton U17  
3 CLT 54.5 1 Millie Wood U17 2 Louise Ward U17  
3 Mia O'Connell 4 Harriet Sawle U17

W 4x400m Relay

1 PLY 4.14.5 1 Phillipa Brett 2 Amy Sweet  
3 Charlotte Clyton-Smith U17 4 Jess Strang U17  
2 CLT 4.26.8 1 Mia O'Connell 2 Beth Hawlings  
3 Elizabeth Sandham 4 Harriet Sawle U17  
3 SEW 4.42.5 1 Charlotte Evans U17 2 Malika Rezoughi U17  
3 Bethan Jackson U17 4 Cheyene Sinclair U17

M 4x100m Relay

1 SEW 45.6 1 Jack Dunn U17 2 Sam Hughes U17  
3 Jake Dawkins U17 4 Matthew Antoniazzi  
2 PLY 45.7 1 Dave King 2 Jack Wightman U17  
3 Jack Tonkin U17 4 Dan Kelland  
3 CLT 47.2 1 Andrew Scull 2 Harry Mahoney U17  
3 Adam Peachey 4 Tom Stubbs

After 34 of 38 events

	Event	Lge
1 Plymouth & Cornwall AC	471	8
2 Cheltenham & County H	433	7
3 South East Wales	301	6
4 Gloucester AAC	263	5

Athlete of the Match: Connor Swan  
Annabelle Sherry

M 100m

1 Jack Tomkin	U17 PLY	11.7
2 Matt Neyce-Opie	U17 PLY	11.8
3 George Hildersley	PLY	12.1
4 Ben Gordon	U17 PLY	12.3
5 James Arnott	U17 PLY	12.6
6 Connor Swann	U17 PLY	12.7

M 200m

1 Matthew Antoniazzi	SEW	23.6
2 Matt Neyce-Opie	U17 PLY	24.2
3 Ben McEwen	SEW	24.4
4 George Hildersley	PLY	25.1
5 Ben Gordon	U17 PLY	25.5

W 200m

1 Danielle Mulraney	U17 GLO	27.9
2 Adella Hill	U17 GLO	29.2

M 400m

1 Matt Neyce-Opie	U17 PLY	53.7
2 James Alao	U17 PLY	57.6

W 400m

1 Jess Strang	U17 PLY	60.9
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M 800m

1 Emrys Penny	SEW	2.03.4
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