

CORNWALL COUNTY CHAMPIONSHIPS - PAR TRACK 14 May 2022

U11 Girls

Event	No	Name	Club	perf	w/s	Rec
75m		11.4/10.7				
H1	88	Athena Jefferies U11G	N&P AC	12.9	n/a	
	173	Lily Healey U11G	N&P AC	13.3		
	90	Emma Beynon U11G	N&P AC	13.5		
					n/a	
H2	69	Lamara Hammoudeh U11G	COPAC	11.4		Eq CBP
	71	Jazz Jackman U11G	COPAC	12.0		
	5	Ebony Street-Brown U11G	CAC	12.2		
	6	Mischa Vague U11G	CAC	12.3		
	167	Sissi Stoller U11G	Tru H Sc	12.5		
	3	Lorelei Rostant U11G	CAC	13.6		
	166	Eve Felstead U11G	Tru H Sc	14.4		
	137	Annabelle Powell U11G	St Mich Col	16.8		

No Finals medals awarded on tim

U11 Boys

Event	No	Name	Club	perf	w/s	Rec
75m		11.1/10.6				
Final	86	Harry Dean U11B	N&P AC	11.7	n/a	
	177	Henry Howard U11B	Arch B B	12.2		
	87	Herbie Carr U11B	N&P AC	12.6		

Note U11 Boys competed with H1 of the U11 Girls

150m		22.9/21.8			1.6	
H1	69	Lamara Hammoudeh U11G	COPAC	22.6		CBP
	6	Mischa Vague U11G	CAC	24.5		
	167	Sissi Stoller U11G	Tru H Sc	26.4		
	166	Eve Felstead U11G	Tru H Sc	30.7		

H2	5	Ebony Street-Brown U11G	CAC	25.3	1.7	
	3	Lorelei Rostant U11G	CAC	26.5		
	173	Lily Healey U11G	N&P AC	27.6		
	90	Emma Beynon U11G	N&P AC	27.6		
	89	Genevieve Heard U11G	N&P AC	28.3		
	137	Annabelle Powell U11G	St Mich Col	34.8		

No Finals medals awarded on tim

150m		22.1/21.2				
	86	Harry Dean U11B	N&P AC	23.3	1.6	
	177	Henry Howard U11B	Arch B B	25.4		

Note U11 Boys competed with H1 of the U11 Girls

600m		1.57.2/1.47.9				
	71	Jazz Jackman U11G	COPAC	2.04.8		
	2	Aria Griffiths U11G	CAC	2.09.7		
	4	Senara Beever U11G	CAC	2.11.8		
	89	Genevieve Heard U11G	N&P AC	2.13.7		
	88	Athena Jefferies U11G	N&P AC	2.26.0		
	167	Sissi Stoller U11G	Tru H Sc	2.35.0		
	166	Eve Felstead U11G	Tru H Sc	2.51.2		

600m		1.48.4/1.45.40				
	1	Elliot Smith U11B	CAC	1.55.3		
	86	Harry Dean U11B	N&P AC	1.55.6		
	87	Herbie Carr U11B	N&P AC	2.29.0		

LJ		3.83/4.22				
	69	Lamara Hammoudeh U11G	COPAC	3.22		
	71	Jazz Jackman U11G	COPAC	3.05		
	6	Mischa Vague U11G	CAC	2.92		
	90	Emma Beynon U11G	N&P AC	2.79		
	89	Genevieve Heard U11G	N&P AC	2.59		
	5	Ebony Street-Brown U11G	CAC	2.55		
	3	Lorelei Rostant U11G	CAC	2.51		
	166	Eve Felstead U11G	Tru H Sc	2.29		
	173	Lily Healey U11G	N&P AC	2.26		
	70	Laila Hammoudeh U11G	COPAC	1.87		
	137	Annabelle Powell U11G	St Mich Col	1.57		

LJ		3.75/4.53				
	177	Henry Howard U11B	Arch B B	2.93		
	87	Herbie Carr U11B	N&P AC	2.47		

U13 Girls						U13 Boys							
Event	No	Name	Club	perf	w/s	Rec	Event	No	Name	Club	perf	w/s	Rec
100m		13.4/12.8					100m		13.1/12.7				
H1	8	Libby Straight U13G	CAC	14.0	1.6		76	Omar Hammoudeh U13B	COPAC	14.1	2.8		
	91	Olivia Matthews U13G	N&P AC	14.3			110	Noah Vella U13B	N&P AC	15.8			
	143	Isabelle Doney U13G	TavAC	14.6			181	Casey Ryan U13B	Biscovey	16.4			
	11	Martha Jones U13G	CAC	15.4									
	155	Sophie Gladstone U13G	Tru H Sc	15.7									
							200m		27.8/26.0				
H2	183	Mollie Hobbs U13G	TavAC	14.6	1.6		76	Omar Hammoudeh U13B	COPAC	29.3			
	13	Ava Jones U13G	CAC	14.9			42	Daniel Garland U13B	CAC	31.7			
	142	Eliza-Jayne Biggadike U13G	TavAC	15.0			181	Casey Ryan U13B	Biscovey	37.3			
	154	Alexandra Rowe U13G	Tru H Sc	15.6									
	153	Azura Paull U13G	Tru H Sc	16.1									
Final													
	8	Libby Straight U13G	CAC	14.2	n/a								
	183	Mollie Hobbs U13G	TavAC	14.6									
	143	Isabelle Doney U13G	TavAC	14.7									
	91	Olivia Matthews U13G	N&P AC	14.9									
	13	Ava Jones U13G	CAC	15.0									
	142	Eliza-Jayne Biggadike U13G	TavAC	15.1									
	11	Martha Jones U13G	CAC	15.3									
200m		28.4/27.1											
H1	143	Isabelle Doney U13G	TavAC	30.1	2.4								
	91	Olivia Matthews U13G	N&P AC	30.5									
	10	Emma Harrold U13G	CAC	31.1									
	183	Mollie Hobbs U13G	TavAC	32.0									
	93	Daisy Voyle U13G	N&P AC	34.8									
H2	13	Ava Jones U13G	CAC	31.2	2.4								
	142	Eliza-Jayne Biggadike U13G	TavAC	32.6									
	92	Evie Green U13G	N&P AC	35.6									
	94	Neave Bunt U13G	N&P AC	37.5									
	competed with boys												
	155	Sophie Gladstone U13G	Tru H Sc	32.4									
Final													
	143	Isabelle Doney U13G	TavAC	30.2	n/a								
	183	Mollie Hobbs U13G	TavAC	30.4									
	13	Ava Jones U13G	CAC	30.7									
	91	Olivia Matthews U13G	N&P AC	31.1									
	10	Emma Harrold U13G	CAC	31.2									
	142	Eliza-Jayne Biggadike U13G	TavAC	32.9									
800m		2.23.42.14.19					800m		2.15.5/2.11.2				
	12	Cara McGrane U13G	CAC	2.41.6			42	Daniel Garland U13B	CAC	2.38.8			
	152	Elodie Turner U13G	Tru H Sc	2.50.3			43	Robert Dinham U13B	CAC	2.41.5			
	156	Pippa Forbes U13G	Tru H Sc	3.01.5			41	Samuel Jolivet U13B	CAC	2.47.5			
	92	Evie Green U13G	N&P AC	3.01.6									
	93	Daisy Voyle U13G	N&P AC	3.03.3									
	94	Neave Bunt U13G	N&P AC	3.25.2									
1500m		4.48.2/4.38.94											

LJ	4.56/4.81		
	8 Libby Straight U13G	CAC	4.05
	142 Eliza-Jayne Biggadike U	TavAC	3.75
	11 Martha Jones U13G	CAC	3.69
	151 Megan Price U13G	Tru H Sc	3.35
	15 Olivia Robilliard U13G	CAC	3.31
	153 Azura Paull U13G	Tru H Sc	3.21
	7 Holly Wykes U13G	CAC	3.15
	183 Mollie Hobbs U13G	TavAC	3.12
	157 Ava O'Neill U13G	Tru H Sc	3.05
	91 Olivia Matthews U13G	N&P AC	2.97
	93 Daisy Voyle U13G	N&P AC	2.96
	94 Neave Bunt U13G	N&P AC	2.81
	14 Lyla Powell U13G	CAC	2.74
	92 Evie Green U13G	N&P AC	2.66

DT	21.84/26.78		
	143 Isabelle Doney U13G	TavAC	14.54

JT	23.80/29.14		
	8 Libby Straight U13G	CAC	19.37
	7 Holly Wykes U13G	CAC	16.82
	153 Azura Paull U13G	Tru H Sc	10.02
	14 Lyla Powell U13G	CAC	9.88

LJ	4.83/5.06		
	111 Seth Dyson U13B	N&P AC	3.80
	42 Daniel Garland U13B	CAC	3.35
	76 Omar Hammoudeh U13B	COPAC	3.23

SP	9.65/11.74		
	111 Seth Dyson U13B	N&P AC	6.76

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U15 Girls					U15 Boys				
Event	No	Name	Club	W/speed Rec	Event	No	Name	Club	W/spe Rec
100m		12.7/12.6			100m		11.8/11.3		
Final	18	Cara Ellis U15G	CAC	12.9	Final	114	Liam Higgins U15B	N&P AC	12.3
	17	Elodie Partington-Nash U15G	CAC	13.0		49	Alfie Jones U15B	CAC	13.4
	97	Nevie Tamblyn U15G	N&P AC	13.2		50	Benjy Odetayo U15B	CAC	13.8
	21	Amelie Cartwright U15G	CAC	13.8					
	28	Sophie Bonell U15G	CAC	13.8 **					
	95	Amy Ratcliffe U15G	N&P AC	13.9					
	159	Emrys Bailey-Jones U15 Tru H Sc		15.7					
	163	Ciara Lily O'Halloran U15 Tru H Sc		15.9					
	158	Imogen Comonte U15G Tru H Sc		16.5					
	** competed with U17W			1.9					
200m		26.7/25.84			200m		23.8/23.31		
H1	95	Amy Ratcliffe U15G	N&P AC	28.9 n/a	Final	115	Will Frith U15B	N&P AC	27.2
	158	Imogen Comonte U15G Tru H Sc		33.7		146	Ruben Ganfield U15B	TavAC	27.7
	96	Ruby Brady U15G	N&P AC	33.7		50	Benjy Odetayo U15B	CAC	29.1
	159	Emrys Bailey-Jones U15 Tru H Sc		33.7					
H2	18	Cara Ellis U15G	CAC	26.8	Actual:	race 1			1.9
	97	Nevie Tamblyn U15G	N&P AC	27.4		115	Will Frith U15B	N&P AC	27.2
	144	Charlotte Doney U15G	TavAC	29.2		42	Daniel Garland U13B	CAC	31.7
	22	Heather Rostant U15G	CAC	30.6		155	Sophie Gladstone U13G	Tru H Sc	32.4
Final	18	Cara Ellis U15G	CAC	27.0 n/a		race 2			2.3
	97	Nevie Tamblyn U15G	N&P AC	28.0		146	Ruben Ganfield U15B	TavAC	27.7
	144	Charlotte Doney U15G	TavAC	28.6		50	Benjy Odetayo U15B	CAC	29.1
	95	Amy Ratcliffe U15G	N&P AC	28.7		76	Omar Hammoudeh U13B	COPAC	29.3
						181	Casey Ryan U13B	Biscovey	37.3
300m		42.0/41.4			300m		38.1/37.83		
	144	Charlotte Doney U15G	TavAC	46.9		114	Liam Higgins U15B	N&P AC	39.7
	160	Ysella Eaves U15G	Tru H Sc	50.2		112	Fraser Abbiss U15B	N&P AC	46.1
800m		2.19.6/2.10.31			800m		2.04.5/1.54.72		
	99	Serena Clarke U15G	N&P AC	2.35.5		114	Liam Higgins U15B	N&P AC	2.17.6
	160	Ysella Eaves U15G	Tru H Sc	2.41.7		112	Fraser Abbiss U15B	N&P AC	2.36.3
	162	Izzie Price U15G	Tru H Sc	2.44.3					
	139	Grace Roberts U15G	St P Dragon	2.46.9					
1500m		4.50.0/4.29.9			1500m		4.23.0/4.06.5		
	19	Megan Laval U15G	CAC	5.10.7		77	Barnaby Hutchings U15B	COPAC	4.48.0
	104	Jessica Brown U17W	N&P AC	5.21.3		115	Will Frith U15B	N&P AC	4.48.0
	161	Skye Taffs U15G	Tru H Sc	5.29.5		172	Ivan Zeng U15B	Bod Coll	4.51.3
	98	Isla Mullin U15G	N&P AC	6.00.8		113	William Pearce U15B	N&P AC	5.10.9
3000m		10.17.6/10.15.5			3000m		9.20.0/8.58.2		
	138	Erin Ellis U15G	St P Dragon	12.30.6		141	Lewis Trubridge U15B	St P Dragon	10.08.2
	82	Beth Elkin U15G	Hayle RR	12.52.9		140	Oliver Riches U15B	St P Dragon	10.51.8
						47	Roman Philips U15B	CAC	10.58.7
75mH		12.0/11.5			80mH		12.5/11.59		
	20	Erin Buzza U15G	CAC	13.8		146	Ruben Ganfield U15B	TavAC	14.8 n/a
	23	Lara Harrold U15G	CAC	15.7					
	24	Beth Pengelly U15G	CAC	16.5					
4x100mR		53.9/52.3							
	160	Ysella Eaves U15G	Tru H Sc	63.5					
HJ		1.65/1.74i(1.73)			HJ		1.75/2.00		
	21	Amelie Cartwright U15G	CAC	1.42		146	Ruben Ganfield U15B	TavAC	1.40
	24	Beth Pengelly U15G	CAC	1.24					

LJ	5.10/5.33			
17	Elodie Partington-Nash	LCAC	4.60/4.47	2.8/1.9
28	Sophie Bonell	U15G CAC	4.58/4.56	2.1/0.9
20	Erin Buzza	U15G CAC	4.43	1.60
23	Lara Harrold	U15G CAC	4.35	1.90
95	Amy Ratcliffe	U15G N&P AC	4.30	1.30
22	Heather Rostant	U15G CAC	3.95	1.60
162	Izzie Price	U15G Tru H Sc	3.71	2.70
24	Beth Pengelly	U15G CAC	3.55	1.80
161	Skye Taffs	U15G Tru H Sc	3.27/3.07	3.5/1.4
TJ	10.45/10.51			
18	Cara Ellis	U15G CAC	9.73	
160	Ysella Eaves	U15G Tru H Sc	8.66	
SP (3kg)	9.85/10.42			
20	Erin Buzza	U15G CAC	10.29	
163	Ciara Lily O'Halloran	U15G Tru H Sc	7.47	
DT	28.44/34.72			
144	Charlotte Doney	U15G TavAC	17.79	
JT (500g)	27.09/36.08			
23	Lara Harrold	U15G CAC	19.13	
16	Sophie Wykes	U15G CAC	17.17	
17	Elodie Partington-Nash	LCAC	16.34	
22	Heather Rostant	U15G CAC	11.45	

LJ	5.55/5.96			
49	Alfie Jones	U15B CAC	4.75	
50	Benjy Odetayo	U15B CAC	4.53	
112	Fraser Abbiss	U15B N&P AC	4.30	
113	William Pearce	U15B N&P AC	3.53	
136	Logan Murray	T20 U15B Pencal Sch	3.47	
TJ	11.63/12.56			
SP	13.98/15.20			
136	Logan Murray	T20 U15B Pencal Sch	5.59	
DT	46.79/48.38			
136	Logan Murray	T20 U15B Pencal Sch	12.00	
JT	39.60/46.84			
46	Adam Kearney	U15B CAC	27.70	

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U17 Women						U17 Men					
Event	No	Name	Club	perf	W/speed Rec	Event	No	Name	Club	Perf	W/speed Rec
100m		12.4/12.3				100m		11.1/11.0(11.03)			
	27	Freya Howard U17W	CAC	12.7	1.9		120	Jack Harvey U17M	N&P AC	11.6	2.9
	145	Grace Wonnacott U17W	TavAC	13.3			53	Harry Robilliard U17M	CAC	11.7	
200m		25.5/25.5				200m		22.6/22.05			
	27	Freya Howard U17W	CAC	26.6	3.3		53	Harry Robilliard U17M	CAC	24.0	2.5
							120	Jack Harvey U17M	N&P AC	24.0	
300m		40.7/40.2					178	Oliver Spencer U17M	CAC	24.4	
	25	Amelia Wykes U17W	CAC	47.4			176	Thomas Sanders U17M	COPAC	24.9	
800m		2.10.3/2.06.30				400m		51.2/49.7			
	74	Holly Reid U17W	COPAC	2.26.2			178	Oliver Spencer U17M	CAC	55.8	
	100	Isabelle Pearce U17W	N&P AC	2.44.6			176	Thomas Sanders U17M	COPAC	56.1	
							123	Ethan Lusty U17M	N&P AC	58.1	
1500m		4.38.1/4.23.96					124	Isaac Nicholson U17M	N&P AC	60.2	
	105	Georgina Clarke U17W	N&P AC	5.05.2			125	Tristan Bunt U17M	N&P AC	60.3	
3000m		10.05.8/9.24.40				800m		1.57.8/1.53.09			
	29	Roisin Mooney U17W	CAC	10.50.4			179	Gregor Norster U17M	COPAC	2.04.0	
							116	Dylan Stevens U17M	N&P AC	2.15.9	
300mH		47.2/45.7				1500m		4.07.5/3.54.0			
	73	Poppy Northcott U17W	COPAC	46.9	CBP		78	Jed Hutchings U17M	COPAC	4.04.7	CBP
1500mSC		5.21.0/5.09.63					122	Blake Williams U17M	N&P AC	4.10.4	
	164	Kitty O'Halloran U17W	Tru H Sc	6.03.2			123	Ethan Lusty U17M	N&P AC	4.40.4	
HJ		1.65/1.75i				3000m		9.02.0/8.26.92			
	102	Kimberley Knight U17W	N&P AC	1.65	Eq CBP		121	Kyran James U17M	N&P AC	10.16.8	
PV		3.92/4.06				HJ		2.00/2.11			
	103	Bo Rason U17W	N&P AC	3.20			117	Fin Thurman U17M	N&P AC	1.91	
LJ		5.25/5.70				LJ		6.62/6.86			
	27	Freya Howard U17W	CAC	4.46	-2.3		119	Sawyer Wragg U17M	N&P AC	5.74/5.68	3.5/1.9
	100	Isabelle Pearce U17W	N&P AC	3.45	-2.0		53	Harry Robilliard U17M	CAC	5.40	2.10
							124	Isaac Nicholson U17M	N&P AC	5.37	2.90
SP (3kg)		11.30/11.94				TJ		12.96/13.81			
	101	Hannah Clemo U17W	N&P AC	8.30			119	Sawyer Wragg U17M	N&P AC	11.37	
	25	Amelia Wykes U17W	CAC	7.53							
DT		34.84/36.35				SP		16.50/17.34			
	101	Hannah Clemo U17W	N&P AC	29.97			52	Elliot Wearne U17M	CAC	8.52	
	26	Jemma Kearney U17W	CAC	26.56		DT		51.21/54.00			
							52	Elliot Wearne U17M	CAC	24.65	
HT (3kg)		37.31/39.35				JT		55.66/57.98			
	101	Hannah Clemo U17W	N&P AC	38.29	CBP		51	Tyler Owen U17M	CAC	33.30	
JT (500g)		36.15/37.89					119	Sawyer Wragg U17M	N&P AC	30.96	
	165	Melissa Jane U17W	Tru H Sc	25.51			123	Ethan Lusty U17M	N&P AC	23.28	
	25	Amelia Wykes U17W	CAC	22.43							

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U20/SW/VW						U20/SM/VM					
Event	No	Name	Club	perf	W/spee Rec	Event	No	Name	Club	perf	W/spee Rec
100m		12.2 (12.2J)(12.6V)/12.0				100m		10.8 (10.8/10.89J)(11.6V)			
	107	Ami Boxall U20W	N&P AC	12.9	1.9		54	Micho Tao U20M	CAC	10.9	1.8
	36	Becky Trevena SW	CAC	13.4			60	Harry Gurr U20M	CAC	11.2	
	168	Liwi Penna U20W	Truro Sch	15.4			79	Connell McCarthy U20M	COPAC	11.2	
							131	Jack Nancarrow SM	N&P AC	11.6	
							83	James Wheeler U20M	Launc Col	11.6	
							64	Oliver Pool M40	CAC	11.9	
							182	Michael Dugan M80	CAC	16.0	
							135	Ray Frith M70	NRR	18.2	
200m		25.5 (25.6J)(25.9V)/25.0				200m		22.0 (22.6J)(24.1V)			
	75	Harriet Beardsmore U20W	COPAC	26.1	3.3	U20M	80	Jacob Lamboll U20M	COPAC	21.9	3.3
	107	Ami Boxall U20W	N&P AC	26.6			54	Micho Tao U20M	CAC	22.4	
	36	Becky Trevena SW	CAC	26.8 (TBC)			79	Connell McCarthy U20M	COPAC	22.6	
	108	Ellen George U20W	N&P AC	27.8			56	Morgan Sinden U20M	CAC	24.5	
							60	Harry Gurr U20M	CAC	DNF	
						SM	131	Jack Nancarrow SM	N&P AC	23.8	2.1
							129	Alexander McCartney SM	N&P AC	24.2	
							64	Oliver Pool M40	CAC	24.3	
							135	Ray Frith M70	NRR	39.0	
400m		56.0 (56.0J)(61.3V)/55.22				400m		48.8 (48.8J)(54.3V)			
	75	Harriet Beardsmore U20W	COPAC	59.2			80	Jacob Lamboll U20M	COPAC	48.7	
	106	Kerrie Shanley U20W	N&P AC	62.3			147	Joe Wheeler U20M	TavAC	50.9	
							81	Joe Bacon SM	COPAC	52.4	
							131	Jack Nancarrow SM	N&P AC	52.8	
							56	Morgan Sinden U20M	CAC	55.6	
800m		2.12.0 (2.12.0J)(2.24.0V)/1.58.75				400m	64	Oliver Pool M40	CAC	56.8	
	133	Zoe Levin SW	NRR	2.25.3			135	Ray Frith M70 (with U20W)	NRR	91.0	
3000m		9.47.8 (10.27.6)(9.47.8V)/9.16.1mx				800m		1.52.1 (1.54.4J)(2.02.7V)			
	33	Maisy Luke U20W	CAC	10.30.2			129	Alexander McCartney SM	N&P AC	2.03.6	
	39	Emma Stepto W50	CAC	10.43.1			127	Bradley Mclellan SM	N&P AC	2.05.3	
	84	Sarah Hoskin W40	Mile High	10.51.8			68	Ian Wright M65	CAC	2.54.6	
	180	Rosie Gibbons W50	CAC	11.26.8							
	38	Emma Mossop W45	CAC	11.55.6		1500m		3.52.0 (4.00.2J)(4.17.4V)			
100mH		14.4 (15.4J)(14.4V)/13.86					58	Jacob Harrison U20M	CAC	4.04.0	
	31	Zara Mitchell U20W	CAC	16.4	2.5		57	Ben Harrison U20M	CAC	4.04.3	
	30	Catherine Groves U20W	CAC	17.3			149	Tom Luton SM	NRR	4.13.4	
400mH		67.2 (67.2J) (79.0)/62.7					130	Benjy McCartney SM	N&P AC	4.17.6	
	35	Hannah Smith SW	CAC	69.9			134	Alex Daniels M45	NRR	5.13.3	
	37	Lowenna Riley SW	CAC	71.4		3000m		9.12.8 (noneJ)(9.03.1V)/7.48.28			
	30	Catherine Groves U20W	CAC	73.2			126	Liam Gallantry T20 SM	N&P AC	10.13.7	
1500mSC		6.42.1J&S CR (2000m)					134	Alex Daniels M45	NRR	10.39.4	
	32	Choire Lister U20W	CAC	5.20.4		3000mSC		6:11.2J (2000m)			
4x100mR		51.7 (52.1J) (73.9V)/50.42					132	Matt Dyson M40	N&P AC	12.26.8	
	35	Hannah Smith SW	CAC	53.7		HJ		2.05 (2.05J)(1.80V)/2.17			
HJ		1.67(1.67J)(1.15V)/1.79					67	Stuart Caudery M55	CAC	1.70	
	31	Zara Mitchell U20W	CAC	1.45			61	Aaron Dey SM	CAC	1.45	
LJ		5.47 (5.47J)(4.28V)/5.70				PV		4.35 (4.26J)(4.03V)			
	31	Zara Mitchell U20W	CAC	5.35 -2.0			174	Aidan Paton SM	N&P AC	4.00	
	35	Hannah Smith SW	CAC	4.71 -2.0		LJ		7.50 (7.45J)(5.13V)			
	34	Freya Bonell U20W	CAC	4.40 -1.7			61	Aaron Dey SM	CAC	5.05/4.66	2.5/0.8
	108	Ellen George U20W	N&P AC	4.39 -2.1			63	Shaun Sinden M40	CAC	5.48/4.40	3.1/1.9
	168	Livi Penna U20W	Truro Sch	3.75 -2.3			65	Jules Harrold M50	CAC	4.62	2.1
TJ		11.40 (10.85J)(9.72V)/11.63				TJ		14.72 (14.43J)(11.09V)			
	37	Lowenna Riley SW	CAC	9.76			61	Aaron Dey SM	CAC	10.06	
DT		38.22 (37.77J)(31.26V)/40.08					132	Matt Dyson M40	N&P AC	8.80	
	109	Kim Marsh SW	N&P AC	21.27		SP U20		14.75			
	168	Livi Penna U20W	Truro Sch	19.82			55	Fabio Zamparelli F20 U20	CAC	14.71	
HT		45.04 (45.04J)(24.13V)/47.13					169	Isaac Murray U20M	Truro Sch	9.32	
	109	Kim Marsh SW	N&P AC	27.76		SP		17.01/(11.98V)/17.43			
JT		39.82 (30.80J)(28.89V)/39.82					150	Patrick Swan SM	CAC	17.05	CBP
	37	Lowenna Riley SW	CAC	30.20			132	Matt Dyson M40	N&P AC	7.02	
	34	Freya Bonell U20W	CAC	20.71							

CAC = Cornwall AC
 COPAC = City of Plymouth AC
 Hayle = Hayle Runners
 N&P AC = Newquay & Par AC
 NRR = Newquay Road Runners
 Pencal Sch = Pencallenick School
 St P Dragons = St Petrocs Dragons Tri Club
 TavAC = Tavistock AC

DT U20	47.61	
55	Fabio Zamparelli F20 U20 CAC	43.66
169	Isaac Murray U20M Truro Sch	29.71
JT	56.91 (56.60J)(42.86V)	
62	Conner Swan SM	52.04
148	Harry Tomlin U20M	46.02
169	Isaac Murray U20M	36.37
JT M50		
66	Karl Swan M50	38.38