

DAN & Cornwall County Championships 5,000m Seniors & Under 20

Thursday 5 August 2021. 7:00 pm

Results for All Competitors in finish order.

Race 1 Cornwall Championship Race

Position	Time	Name	Team	Category	Pace
1	0:15:37	MITCHELL, Edward	Cornwall AC	Male U20	05:01.5
2	0:15:48	PRUDEN, Emil	Cornwall AC	Male Senior	05:05.0
3	0:16:26	HANLEY, Ryan	Cornwall AC	Male Senior	05:17.2
4	0:16:39	HOWELL, Tom	Newquay Par AC	Male Senior Vet	05:21.4
5	0:17:51	WHEAR, Paul	Cornwall AC	Male Senior Vet	05:44.6
6	0:18:11	O'DWYER, Catherine	Cornwall AC	Female Senior Vet	05:51.0
7	0:18:21	RAILTON, Matthew	Cornwall AC	Male U20	05:54.3
8	0:18:40	STEPTO, Emma	Cornwall AC	Female Senior Vet	06:00.4
9	0:18:48	ATKINSON, Paul	Hayle Runners	Male Senior Vet	06:02.9
10	0:19:13	JEFFS, Simon	Hayle Runners	Male Senior Vet	06:11.0
11	0:19:23	DAY, Justin	Cornwall AC	Male Senior Vet	06:14.2

Race 2

Position	Time	Name	Team	Category	Pace
1	0:18:41	CONDON, John	Cornwall AC	Male Senior	06:00.7
2	0:19:02	STAPLES, Daniel	Cornwall AC	Male U20	06:07.5
3	0:19:04	HEARN, Stephanie	Cornwall AC	Male Senior	06:08.1
4	0:19:12	PENNY HARDING, Neil		Male Senior Vet	06:10.7
5	0:19:14	MANNING, James	Hayle Runners	Male Senior Vet	06:11.3
6	0:19:18	WILDING, David	Hayle Runners	Male Senior Vet	06:12.6
7	0:19:24	ABRAHAM, Scott	Hayle Runners	Male Senior Vet	06:14.5
8	0:19:49	CURTIS, Oisin	Hayle Runners	Male Senior	06:22.6
9	0:19:53	POOL, Oliver	Truro Running Club	Male Senior Vet	06:23.9
10	0:19:57	BENNEY, Rebecca	Cornwall AC	Female U20	06:25.1
11	0:20:12	ELDON, Jon	Corn Runners	Male Senior Vet	06:30.0
12	0:20:38	MOSSOP, Emma	Falmouth Road Runners	Female Senior Vet	06:38.3
13	0:20:55	VAGE, Alice	Cornwall AC	Female Senior	06:43.8
14	0:20:56	LUCKHURST, Will		Male Senior Vet	06:44.1
15	0:21:11	ALMEY, Jenny	Cornwall AC	Female Senior	06:49.0
16	0:23:13	WRIGHT, Ian	Cornwall AC	Male Senior Vet	07:28.2
17	0:23:34	HOWARD, Tiffany	Cornwall AC	Female Senior	07:35.0
18	0:23:35	BURROWS, Anthony	Hayle Runners	Male Senior Vet	07:35.3
19	0:24:35	VIVIAN, Gemma	Hayle Runners	Female Senior	07:54.6
20	0:25:01	PENHALL, Anthony - Chunky	Hayle Runners	Male Senior Vet	08:03.0
21	0:25:55	SARGENT, Pete	South West Vets	Male Senior Vet	08:20.4

Race 3

Position	Time	Name	Team	Category	Pace
1	0:16:23	CLEMENS, Zak	Cornwall AC	Male U17	05:16.3