

DAN & Cornwall County 5000m Championship

Race 2 - Sub 8min mile pace (Sub 50min 10k)

28th May 2015

PLACE	TIME	NAME	TEAM	PACE	No.
	hh:mm:ss:t				
1	00:18:19:6	CHIRGWIN, Rob	Truro Running Club	05:53.9	168
2	00:18:25:0	ABRAHAM, Scott	Hayle Runners	05:55.5	171
3	00:18:25:4	SCHUCK, Emma	Hayle Runners	05:55.9	157
4	00:18:33:8	CUDBY, Dave	Truro Running Club	05:58.4	167
5	00:18:36:7	WALKER, Chris	Newquay Road Runners	05:59.4	138
6	00:18:39:6	COSTELLO, Daniel	Hayle Runners	06:00.4	176
7	00:19:01:1	MANNING, James	Hayle Runners	06:07.5	170
8	00:19:16:7	RENDEL, Steven	Newquay Road Runners	06:12.3	141
9	00:19:23:6	SOLE, John	Bodmin Road Runners	06:14.5	159
10	00:19:23:9	CHAPMAN, Wendy	Truro Running Club	06:14.5	174
11	00:19:31:1	ADAMS, Russ	Cornwall AC	06:17.1	160
12	00:19:32:4	TREMBATH, Robert	Hayle Runners	06:17.4	178
13	00:19:33:9	ULLMAN, Chris	East Cornwall Harriers	06:17.7	164
14	00:19:33:9	AXE, Jason	Newquay Road Runners	06:24.2	161
15	00:19:54:5	ALLEN, Peter	Newquay Road Runners	06:24.5	140
16	00:19:57:6	TAPHOUSE, Joshua	Newquay & Par Athletic Club	06:25.5	165
17	00:20:23:1	HOWARD, Simon	Newquay Road Runners	06:33.8	155
18	00:20:30:1	WRIGHT, Paul	Newquay Road Runners	06:36.1	134
19	00:20:35:1	TREVENA, Nigel	Cornwall AC	06:37.7	158
20	00:21:08:9	JOSE, Amy	Hayle Runners	06:48.3	169
21	00:21:20:4	HORTON, John	Newquay & Par Athletic Club	06:52.2	144
22	00:21:41:1	MASTERS, Nick	Hayle Runners	06:58.9	179
23	00:22:12:3	KITCHEN, Nathen	Cornwall AC	07:08.9	147
24	00:22:34:0	CLARKE, Aiden		07:15.7	166
25	00:22:36:6	LONGMAN, Claire	Truro Running Club	07:16.6	177
26	00:23:11:6	GOULD, Marie	Cornwall AC	07:27.9	152
27	00:23:27:9	STEWART, Juliet	Truro Running Club	07:33.0	180
28	00:23:43:4	UREN, Lisa	Carn Runners	07:38.2	148
29	00:25:30:8	BOARDMAN, Diane	Truro Running Club	08:12.6	173