

Dan & Cornwall County 5000m Championship

28th May 2015

Race 1 - Sub 6min mile pace (Sub 37min 10k)

PLACE	TIME	NAME	TEAM	PACE	No.
	hh:m:s:t				
1	00:15:18.6	RODGERS, Dan	Cornwall AC	04:55.6	163
2	00:16:14:3	ALSOP, Dan	St Austell RC	05:13.7	153
3	00:16:43:1	PARSONS, Mike		05:23.0	172
4	00:16:53:9	MORANT, Jordan	Hayle Runners	05:26.3	128
5	00:17:06:7	SCOTT, John	Newquay Road Runners	05:30.4	142
6	00:17:06:7	DANIELS, Alex	Newquay Road Runners	05:30.8	146
7	00:17:08:0	WRIGHT, Tony	Newquay Road Runners	05:30.8	139
8	00:17:13:4	NICHOLAS, Staurt	St Austell RC	05:32.7	110
9	00:17:23:6	HILL, Lewis	Hayle Runners	05:35.9	133
10	00:17:29:3	DAVIS, Eleanor	Newquay Road Runners	05:37.8	143
11	00:17:35:0	LUTON, Tom	Newquay & Par Athletic Club	05:39.5	137
12	00:17:39:1	TATLOW, Adam	Truro Running Club	05:41.1	154
13	00:17:40:4	WHERRY, Steve	Cornwall AC	05:41.4	150
14	00:17:41:2	SAWFORD, Paul	Carn Runners	05:41.7	136
15	00:18:09:4	HALL, Craig	Carn Runners	05:50.7	145
16	00:18:28:1	VINNICOMBE, Jason	Carn Runners	05:56.8	151
17	00:18:40:0	EDDISON, Andrew	Cornwall AC	06:00.4	175
18	00:18:56:6	RAGGETT, Donna	Cornwall AC	06:05.8	135
19	00:19:11:8	DAVIS, Martin	Newquay Road Runners	06:10.7	156
20	00:19:14:6	CARDEW, Barrie	Carn Runners	06:11.6	149