

PLYMOUTH HOE 10

17th February 2013

Pos.	Time	Name	Club	Cat.	No.
1	0:52:03	MERSON, Tom	Bristol & West AC	SM	17
2	0:53:11	COLE, Jim	Tavistock AC	SM	18
3	0:53:15	JENKIN, Mark	Bideford AC	SM	16
4	0:53:48	ANTELL, Shaun	Bristol & West AC	SM	15
5	0:54:10	LE GRICE, Peter	Mounts Bay Harriers	SM	8
6	0:54:29	THOMAS, Justin	Cornwall AC	SM	5
7	0:54:55	ROBINSON, Michael	Tamar Trotters	SM	7
8	0:55:09	ALSOP, Dan	St Austell RC	SM	10
9	0:55:11	DENNE, James	Exeter Harriers	SM	20
10	0:55:50	HALL, Stuart	Devon & Somerset FRS RC	MV45	650
11	0:56:17	RODGERS, Dan	Launceston Road Runners	SM	6
12	0:56:20	TOMLIN, David	Teignbridge Trotters	MV40	249
13	0:56:51	SABINE, Chris	Tamar Trotters	MV40	19
14	0:57:17	BREWER, Tony	Mile High	SM	9
15	0:57:21	STEPTO, Emma	Cornwall AC	FV40	1
16	0:58:01	MONAGHAN, Peter	Torbay AC	MV45	164
17	0:58:22	HOLMES, Neil	Erme Valley Harriers	MV45	354
18	0:58:26	KRAMARZ, Edmund		MV40	618
19	0:58:34	MILFORD, Daryl "Tarquin"	Teignbridge Trotters	SM	144
20	0:58:42	PALMER, Dan		SM	190
21	0:59:03	NEALE, Ben	Bere Alston Trekkers	SM	406
22	0:59:14	PARKINSON, Jon	Torbay AC	MV45	444
23	0:59:21	FEIGHAN, Mike	South West Road Runners	MV45	386
24	0:59:33	DIGBY, Kevin	Plymouth Harriers	SM	252
25	0:59:35	BRADLEY, Matthew	City of Plymouth AC	SM	637
26	0:59:57	CARNELL, Josh	East Cornwall Harriers	SM	638
27	0:59:58	JONES, Mark	Plymouth Harriers	SM	555
28	1:00:14	WISELY, John	City of Plymouth AC	SM	651
29	1:00:33	WHERRY, Steven	Cornwall AC	MV45	560
30	1:00:41	WALLACE, Richard	Erme Valley Harriers	SM	259
31	1:00:43	COMMANDER, Lucy	South West Road Runners	SF	11
32	1:00:46	QUEW, Russell	Plymouth Harriers	MV40	105
33	1:01:07	LESNIAK, Michal	South West Road Runners	SM	595
34	1:01:11	YETTON, Ami	Plymouth Harriers	SF	13
35	1:01:14	AKED, John		SM	116
36	1:01:20	VOADEN, Roger	Okehampton RC	MV45	419
37	1:01:45	WALTON, Ewan	Teignbridge Trotters	SM	227
38	1:01:53	PEYTON JONES, Alex		SM	399
39	1:01:57	PANG, Ian	South West Road Runners	MV45	113
40	1:02:08	BUDD, Daniel	Tamar Trotters	SM	187
41	1:02:13	DUNN, James		SM	178
42	1:02:20	BLIGHT, James	Tamar Trotters	SM	61
43	1:02:21	DYKE, Helen	Poole Runners	FV35	602
44	1:02:37	HARWOOD, Carl	Plymouth Harriers	MV40	622
45	1:02:38	BARNFIELD, James		SM	323
46	1:02:39	LEVERS, Darren	Plymstock Road Runners	MV45	329
47	1:02:42	CUTCLIFFE, Christian		SM	483
48	1:02:46	MOON, Pete		SM	499
49	1:03:26	RUSSELL, Neal	Tamar Trotters	SM	588
50	1:03:26	HAWKRIGG, Daniel		SM	537
51	1:03:32	ABRAHAM, Scott	Hayle Runners	MV40	552
52	1:03:34	COLWILL, Martin		MV45	625
53	1:03:35	LAW, David		MV40	237
54	1:03:41	THORN, Alison	Erme Valley Harriers	FV35	32
55	1:04:00	LEA, Ian		SM	31
56	1:04:05	SUTCLIFFE, Ellie	Exmouth Harriers	SF	14

57	1:04:05	LAKE, Ewan	Erme Valley Harriers	MV40	463
58	1:04:11	STRACHAN, Steve	Falmouth Road Runners	SM	442
59	1:04:13	LEEKE, Robert		MV45	189
60	1:04:14	HODGINS, David		MV40	125
61	1:04:19	ARROWSMITH, Paul	East Cornwall Harriers	SM	617
62	1:04:21	COTTAM, Heidi	Cornwall AC	SF	3
63	1:04:21	CARTER, Paul		MV45	324
64	1:04:24	MCEWING, Alison	Erme Valley Harriers	SF	12
65	1:04:26	PETERSON, Guy	Tamar Trotters	MV40	348
66	1:04:29	LUKE, Anne	Tamar Trotters	FV55	2
67	1:04:30	HUMPHREY, Thomas	Hayle Runners	SM	568
68	1:04:46	MURRANT, Kieran	Hayle Runners	SM	635
69	1:04:48	HOCKING, Jeremy		MV40	481
70	1:04:56	PHILP, David	East Cornwall Harriers	MV50	553
71	1:05:04	WYKES, Isobel	Truro RC	SF	4
72	1:05:16	MAUNDER, Richard	Plymouth Tri Club	SM	304
73	1:05:35	LOVELL, Paul	Plymouth Harriers	MV55	535
74	1:05:35	CLEAVE, Russell	Torbay AC	SM	389
75	1:05:52	RICKARD, Sammy-Jo		SF	78
76	1:05:53	SPENCER, David		SM	581
77	1:05:54	BEE, Jody	South West Road Runners	SM	653
78	1:06:01	BOLT, Phil	Cornwall AC	MV40	518
79	1:06:04	VERNON, Andrew	Okehampton RC	MV40	341
80	1:06:13	LANGDON, Vince	South Devon AC	MV45	266
81	1:06:16	MUGLISTON, David	Okehampton RC	MV40	473
82	1:06:19	ALLISON, Jane	Plymouth Harriers	FV40	28
83	1:06:28	BAILEY, Ross		SM	545
84	1:06:33	BOONE, Alan	Teignbridge Trotters	MV55	152
85	1:06:34	COPELAND, Barry		MV50	575
86	1:06:44	FITZE, Simon	Tamar Trotters	SM	260
87	1:06:51	LAKE, Emma	Erme Valley Harriers	FV35	222
88	1:06:54	EVELEIGH, Michael	Teignbridge Trotters	MV60	195
89	1:07:24	TRINDER, Paddy	Erme Valley Harriers	SM	471
90	1:07:33	CROCKFORD, John	Plymouth Coasters	MV55	378
91	1:07:37	FRIEND, Bryan	Okehampton RC	MV45	418
92	1:07:43	STRIDE, Andy		MV45	297
93	1:08:01	CRANSTONE, Rob		MV50	458
94	1:08:03	OLIVER, David	Plymstock Road Runners	MV45	339
95	1:08:06	CALDWELL, Andrew	Carn Runners	MV50	486
96	1:08:09	FRENCH, Martin		SM	107
97	1:08:16	MAHONEY, Steven	Devon & Cornwall Police	SM	25
98	1:08:25	SMITH, Justin	Plymouth Harriers	SM	335
99	1:08:25	TWEEDIE, John	Teignbridge Trotters	MV45	658
100	1:08:29	WARNE, Rich	Plymstock Road Runners	MV45	262
101	1:08:31	HIRONS, Sarah	Instinctive Sports	SF	452
102	1:08:32	VARCOE, Edward	Plymouth Harriers	SM	425
103	1:08:33	BIRD, Mark	Devon & Somerset FRS RC	MV40	501
104	1:08:35	CUTTS, Alexandra	South West Road Runners	SF	387
105	1:08:43	MAY, Jordan	East Cornwall Harriers	SM	644
106	1:08:55	DOYLE, Liam	Torbay AC	MV40	179
107	1:09:05	HERDMAN, Allan	Tavistock AC	MV60	47
108	1:09:06	TOWNLEY, Darren		SM	629
109	1:09:06	REYNOLDS, Graham	South West Road Runners	MV45	263
110	1:09:07	ULLMAN, Chris	East Cornwall Harriers	MV40	510
111	1:09:07	WALPOT, Marc		MV45	489
112	1:09:09	CROWLE, Ian	East Cornwall Harriers	MV50	573
113	1:09:15	ANDREWS, Mark	East Cornwall Harriers	MV55	531
114	1:09:17	ELKINGTON, Kane		SM	376
115	1:09:23	MOYSE, Warren	Plymstock Road Runners	MV45	451
116	1:09:26	MCDONALD, Ian		MV40	364
117	1:09:26	HUTCHINS, Mark	Teignbridge Trotters	MV45	210

118	1:09:34	MAY, Peter	Tamar Trotters	SM	173
119	1:09:45	SHUTE, Clive	East Cornwall Harriers	SM	292
120	1:09:51	HIND, Lee		MV40	632
121	1:09:54	HEESOM, Luke		SM	526
122	1:09:55	GODBER, Mike		SM	639
123	1:09:56	DUDLEY, Andrew		MV40	477
124	1:09:57	CORK, Michael		MV55	640
125	1:10:07	PLATTEN-HIGGINS, Ryan		SM	461
126	1:10:15	CHALK, Joseph	Devon & Cornwall Police	SM	585
127	1:10:16	WOOD, Travis	Teignbridge Trotters	SM	151
128	1:10:22	BOSUSTOW, Suzy	Cornwall AC	FV35	250
129	1:10:35	BURDEN, Brian		SM	630
130	1:10:44	DORMAN, Kevin		SM	446
131	1:10:44	SKIDMORE, Kevin		SM	87
132	1:10:54	TWINE, David	Tavistock AC	MV55	183
133	1:11:10	ALEXIS, Roy	Plymouth Musketeers	SM	122
134	1:11:11	DUNNE, Damian	Widewell Striders	SM	557
135	1:11:12	TOLLEY, Aidan		SM	394
136	1:11:16	LOFTHOUSE, Stephen	Torbay AC	MV45	584
137	1:11:16	DAY, Matthew	Torbay AC	MV40	542
138	1:11:23	BALL, Matthew		MV40	614
139	1:11:25	TAYLOR, Nick	Tamar Trotters	MV45	447
140	1:11:26	EZRA, Rebecca	Tamar Trotters	SF	485
141	1:11:26	ALLEN, Peter	Newquay Road Runners	MV55	46
142	1:11:42	SHEARMAN, Alexander	Teignbridge Trotters	SM	337
143	1:11:45	DAW, Sharon	East Cornwall Harriers	FV45	556
144	1:11:46	DOWRICK, Bev	Plymstock Road Runners	FV35	370
145	1:11:46	WOOLVEN-ALLEN, John	Plymstock Road Runners	MV40	158
146	1:11:57	TEBBITT, Paul		MV40	238
147	1:11:57	NELDER, Robert		MV40	104
148	1:12:05	RUDGE, Ryan		SM	315
149	1:12:09	HENDERSON, Philippa		SF	192
150	1:12:18	WHEELER, Mandy	South West Road Runners	FV40	268
151	1:12:19	OWEN, Sarah	Erme Valley Harriers	SF	172
152	1:12:21	POWELL, Simon		SM	196
153	1:12:26	SUMMERS, Ken	Erme Valley Harriers	MV60	371
154	1:12:28	MATHIAS, Dave	Plymouth Musketeers	MV50	340
155	1:12:30	PUTMAN, Nicky	Plymouth Harriers	FV35	400
156	1:12:34	PETTIT, Nic	Tamar Trotters	MV60	108
157	1:12:39	RAINE, Anthony	Torbay AC	MV40	454
158	1:12:40	WILLIAMS, Neil	Plymouth Musketeers	MV45	99
159	1:12:44	SMITH, Gary	Plymouth Harriers	SM	156
160	1:12:45	BULLOCK, Jamie		SM	475
161	1:12:46	PASCOE, Phillip		SM	652
162	1:12:47	HUGHES, Graham	Birkenhead AC	MV40	457
163	1:12:48	LORD, Phil	Erme Valley Harriers	SM	350
164	1:12:50	SALMON, David	Plymstock Road Runners	MV50	228
165	1:12:56	CROWLE, Revis	East Cornwall Harriers	FV50	572
166	1:13:06	JACK, Alex	Plymouth Coasters	SM	443
167	1:13:17	WALSHE, Paul		SM	567
168	1:13:28	KILICK, Richard		MV45	366
169	1:13:33	PECK, Cris		MV45	271
170	1:13:41	MACALPINE, Craig	Erme Valley Harriers	MV40	219
171	1:13:42	MUDD, Rebecca	Launceston Road Runners	SF	520
172	1:13:46	DIFFEY, Ben		SM	624
173	1:13:49	SAUNDERS, Mike		SM	197
174	1:13:51	HART, John	Dartmouth AC	MV45	352
175	1:13:52	BAZLEY, Peter	Tavistock AC	MV55	63
176	1:14:02	TAYLOR, Peter	Plymouth Coasters	MV45	169
177	1:14:03	BECKER, Mark	Teignbridge Trotters	MV45	435
178	1:14:20	IVINS, Scott	Tamar Trotters	SM	450

179	1:14:23	BRUCE, Darren	Plymouth Harriers	SM	358
180	1:14:25	TOPPIN, Stacey	South Devon AC	FV35	305
181	1:14:26	SMITH, Adrian	Heanor Running Club	MV45	456
182	1:14:27	PECKINGS, Mark	Roman Gladiators	SM	519
183	1:14:29	COWLING, Rob	Teignbridge Trotters	MV45	564
184	1:14:33	PHELPS, Fiona	Tamar Trotters	FV45	401
185	1:14:39	MUNN, Darren	Torbay AC	MV40	298
186	1:14:43	RICHARDSON, Michael	Plymouth Harriers	MV50	129
187	1:14:46	CHAPELL, Andrew	Plymouth Harriers	MV45	42
188	1:14:49	BEDDOW, Martin		MV45	621
189	1:14:50	RUTHERFORD, Nicola		SF	428
190	1:14:57	FARROW, Sarah		FV50	459
191	1:14:58	LEWIS, Michael	UKNetrunner	MV40	168
192	1:14:58	BANDEIRA DE LIMA, Tiago		SM	509
193	1:15:08	DAVIDSON, Claire	East Cornwall Harriers	FV40	119
194	1:15:21	WOON, Jacki	Teignbridge Trotters	FV45	247
195	1:15:43	OLIVER, Simon	North Devon Road Runners	MV50	631
196	1:15:48	GREEN, Alan	East Cornwall Harriers	MV50	642
197	1:15:52	WOLSTENHOLME, Sean	Plymouth Harriers	MV45	184
198	1:15:53	WHITE, Ali		FV45	600
199	1:16:00	ROWE, Roger	Exmouth Harriers	MV65	396
200	1:16:04	BARTLETT, Terry		MV50	508
201	1:16:04	MACE, Steve	Plymouth Musketeers	MV45	597
202	1:16:11	MORROW, Adam	Plymouth Coasters	SM	439
203	1:16:19	WILMOT, Kathryn	Plymstock Road Runners	FV40	334
204	1:16:31	ASHFORTH, James		SM	546
205	1:16:36	LAITY, Steven	Plymouth Harriers	SM	226
206	1:16:36	OPON, Dale		SM	543
207	1:16:36	DEAN, Jon		SM	139
208	1:16:39	TEAGUE, Chris		SM	254
209	1:16:40	KILKELLY, Steve		SM	392
210	1:16:46	COOKSLEY, Stephen	Plymstock Road Runners	MV45	372
211	1:16:51	WHITNEY, Leo		SM	146
212	1:16:52	GRADDON, Catherine		SF	202
213	1:16:54	HOSKIN, Steve		MV40	606
214	1:16:56	DADDS, Aaron		SM	566
215	1:16:58	MORSE, Helen	East Cornwall Harriers	SF	586
216	1:17:00	LAKE, Wally	Tavistock AC	MV60	550
217	1:17:04	ATKINSON, Adrian		MV40	626
218	1:17:05	FRITZSCHE, Craig	Plymouth Musketeers	SM	589
219	1:17:14	HEDGES, Julie	South West Road Runners	FV50	194
220	1:17:15	PEARSON, Mark	Plymouth Musketeers	MV40	161
221	1:17:20	SULLIVAN, Mark		MV45	204
222	1:17:32	HOOKINS, Steve		MV45	478
223	1:17:38	GODDARD, Kristian		SM	127
224	1:17:47	GENTRY, Caroline	South West Road Runners	FV40	102
225	1:17:52	FRAMPTON, Nigel		MV40	50
226	1:17:57	VARLEY, Richard		SM	201
227	1:18:05	HANDLEY, Adrian	Teignbridge Trotters	MV40	188
228	1:18:05	HANNS, Cheryl	Plymouth Harriers	FV35	502
229	1:18:22	BERRY, Andrew	East Cornwall Harriers	MV45	512
230	1:18:24	FLANAGAN, Naomi		SF	356
231	1:18:26	SYMONS, Philip	Plymouth Coasters	SM	216
232	1:18:29	NICHOLAS, Mark	Plymstock Road Runners	SM	429
233	1:18:29	BISHOP, Gary		SM	468
234	1:18:31	JONES, Rachel		FV35	641
235	1:18:37	HICKS, Julie		FV35	379
236	1:18:39	WILSON, Raymond	Torbay AC	MV65	462
237	1:18:43	COSSEY-HAGGAR, Leigh		MV40	453
238	1:18:45	ALLEN, Anthony		MV45	649
239	1:18:50	PASKINS, Paul	Plymouth Harriers	MV55	185

240	1:18:52	COLE, Paul		MV45	155
241	1:18:56	WORSFOLD, Paul	Plymstock Road Runners	MV55	235
242	1:19:03	HUMPHREY, Irwin		MV50	569
243	1:19:04	LEO, Michelle	Fit2run	FV45	98
244	1:19:13	PAULL, Kevin	Erme Valley Harriers	MV50	253
245	1:19:13	MARSHALL, Paul	Tavistock AC	MV55	275
246	1:19:16	HOUGHTON, Andy	Tavistock AC	MV65	411
247	1:19:26	BOLT, Raymond	Plymouth Coasters	MV50	229
248	1:19:41	POPE, Gary		MV40	384
249	1:19:44	PRICE, Chris		SM	141
250	1:19:52	WHITTAKER, Jonathon		SM	67
251	1:19:53	NEWNHAM, Victoria	Great Western Runners	SF	136
252	1:20:00	MORGAN, Dan		SM	636
253	1:20:02	LYNCH, David		MV55	316
254	1:20:04	BOUCHER, Richard	Plymstock Road Runners	MV40	115
255	1:20:06	BULL, Jason		MV40	351
256	1:20:12	LIVERMORE, Mark		MV45	261
257	1:20:13	WILSHER, Rachael		FV45	217
258	1:20:14	STANBURY, Natasha	Torbay AC	SF	647
259	1:20:19	WILKINSON, Steve		SM	504
260	1:20:19	HERBERT, Neil		SM	505
261	1:20:21	HILL, Christopher	Plymouth Harriers	MV45	541
262	1:20:23	POLLARD, Tim		MV45	112
263	1:20:32	CARTER, Gordon		MV45	149
264	1:20:35	COX, Peter		MV55	482
265	1:20:37	ANTHONY, Ryan	Teignbridge Trotters	SM	233
266	1:20:43	TAYLOR, Lee		SM	258
267	1:20:47	HILLEBRANDT, Rodney	Plymouth Musketeers	MV65	120
268	1:20:51	TREBILCOCK, Linda	Plymouth Harriers	FV50	455
269	1:20:52	WEBB, Roger	South Devon AC	MV55	165
270	1:20:56	SYMONS, Mark		MV40	493
271	1:20:58	BOWMAN, Sharon	Teignbridge Trotters	FV45	248
272	1:21:10	HAYES, Sue	South Devon AC	FV40	404
273	1:21:11	EYRE, David		MV45	167
274	1:21:20	SHARMAN, Matthew		SM	424
275	1:21:41	TRICE, Dean		MV40	257
276	1:21:45	HAWKINS, Greg		MV40	605
277	1:21:58	THOMSON, Sarah		SF	583
278	1:22:00	TETLEY, Chris	Plymouth Harriers	MV50	284
279	1:22:05	WILLS, Michael	Plymouth Coasters	MV60	369
280	1:22:06	BURKE, Miranda	Plymouth Harriers	FV45	382
281	1:22:07	WILLIAMS, Trevor	Tavistock AC	MV65	355
282	1:22:07	LAWRANCE, Russell	St Austell RC	MV45	580
283	1:22:07	WOODLAND, Michael	Erme Valley Harriers	MV60	80
284	1:22:16	HENDY, Neil	South West Vets AC	MV40	395
285	1:22:18	SPEARE, Adam	Tamar Trotters	MV45	118
286	1:22:22	ASPEN, Ian		MV40	385
287	1:22:26	RINGER, Ian	East Cornwall Harriers	MV65	291
288	1:22:28	IRELAND, Kirsty		SF	523
289	1:22:34	LAWSON, Darren		MV40	123
290	1:22:35	COOPER, Kirsty	Poole Runners	SF	34
291	1:22:41	WHIPP, Chris	Plymouth Musketeers	MV45	60
292	1:22:46	RICH, Thomas		MV40	242
293	1:22:49	LOMAX, Alan		MV60	26
294	1:22:55	TAYLOR, Ben		SM	132
295	1:23:00	REEVES, Charlotte		SF	608
296	1:23:04	TOWNSEND, Stephanie	Torbay AC	SF	663
297	1:23:07	GLEED, Keith	Tamar Trotters	MV60	398
298	1:23:09	CLARK, Jeremy	Plymstock Road Runners	MV50	295
299	1:23:11	COLLOBY, Bridget		FV45	170
300	1:23:11	JONES, David		MV40	171

301	1:23:11	MORCOM, Jonathan		SM	177
302	1:23:18	BADGE, Steven	Tamar Trotters	MV45	426
303	1:23:19	PITT, Jenny	Tamar Trotters	FV35	484
304	1:23:19	MENLOVE-PLATT, Christopher	Plymouth Musketeers	MV55	521
305	1:23:21	POYNER, Allison	Fit2run	FV45	320
306	1:23:24	BLEWETT, James	Plymstock Road Runners	SM	221
307	1:23:25	MOODY, Malcolm	Plymouth Coasters	MV55	363
308	1:23:28	ASHWORTH, Wayne		MV50	286
309	1:23:31	BROWN, Ray	Torbay AC	MV65	159
310	1:23:42	GLASS, Paul		SM	593
311	1:23:46	CHAPMAN, Andrew		MV55	332
312	1:23:47	PROUDFOOT, Andrew	Plymouth Coasters	MV50	610
313	1:23:49	DE VAL, Graham	Tavistock AC	MV50	655
314	1:24:01	PINK, Simon		MV40	390
315	1:24:03	NICHOLLS, Jon	Tamar Trotters	MV55	601
316	1:24:06	SHEARER, Tony	Tavistock AC	MV60	163
317	1:24:20	WATKINS, Laurence	Tamar Trotters	MV55	244
318	1:24:25	WINDEMER, Richard		MV60	634
319	1:24:34	CRAMP, Susie		SF	362
320	1:24:46	MCDONALD, Sean	Dawlish Coasters	MV50	594
321	1:24:47	DRAKE, Debbie	Torbay AC	FV45	110
322	1:24:52	HOWELL, Victoria		FV35	646
323	1:24:54	JORDAN, Helen		FV45	245
324	1:24:59	CRAMP, Hilary		FV45	361
325	1:25:05	ALEXANDER, Tanya		SF	433
326	1:25:12	DAVIES, Jan		FV40	534
327	1:25:18	WORTH, Mark		MV45	44
328	1:25:24	JONES, Kris	Plymouth Musketeers	SM	153
329	1:25:32	WALLIS, Terry		SM	528
330	1:25:34	HOOPER, Annette	Plymouth Musketeers	FV45	549
331	1:25:42	CREGAN, Gary		MV45	591
332	1:25:43	THOMSON, Nikki	Plymstock Road Runners	FV40	633
333	1:25:46	NEAL, Paul		MV60	330
334	1:25:46	MOXHAM, Paul		SM	661
335	1:25:46	WHITE, Gary		MV40	513
336	1:25:53	DAVIS, Steve		MV50	623
337	1:25:54	HAMMOND, David		SM	393
338	1:25:58	MADGE, Paul	South West Road Runners	MV50	536
339	1:25:58	BRAY, Miles		MV50	33
340	1:26:00	GRENNEY, Mike		MV50	70
341	1:26:02	GRENNEY, Trevor		SM	71
342	1:26:05	LANG, Sharon		SF	198
343	1:26:07	FOLLETT, Tony	UKNetrunner	SM	571
344	1:26:09	KING, Darren		SM	577
345	1:26:15	MEDLAND, Mark	Almost Athletes (Cheltenham)	MV45	111
346	1:26:16	WILLIAMS, Rachel	South Devon AC	FV45	413
347	1:26:18	MARSDEN, Jo	Tamar Trotters	FV40	37
348	1:26:18	DOW, Amanda	Plymstock Road Runners	SF	38
349	1:26:22	MCFADDEN, Tracy	Bodmin Womens RC	FV45	416
350	1:26:33	FAIRCHILD, Anthony		MV40	207
351	1:26:37	SCHMID, Neil		SM	128
352	1:26:42	WALLACE, Stephen	Teignbridge Trotters	MV60	491
353	1:26:46	HIRONS, Jane	Plymouth Musketeers	FV45	420
354	1:26:49	HILL, Tom		SM	490
355	1:27:00	STEPHENSON, Jolene		SF	140
356	1:27:05	WILLIAMSON, Heath		MV45	69
357	1:27:09	FEATHERSTONE, Clare	Plymstock Road Runners	FV50	319
358	1:27:10	COVERDALE, Heather		FV50	321
359	1:27:21	PICKEN, Jonathan		MV40	59
360	1:27:25	MALLABAND, Chris		MV50	660
361	1:27:28	MORROW, Lisa	Plymouth Coasters	SF	440

362	1:27:31	MUGLESTON, Joanne	Tamar Trotters	FV45	241
363	1:27:33	DOW, Alan		SM	39
364	1:27:41	MACINTYRE, Ruth		SF	609
365	1:27:48	SMITH, Ben		MV40	294
366	1:27:48	BENSON, Alison		FV50	142
367	1:28:08	HAWKRIGG, Amanda		FV35	538
368	1:28:09	INGLEDEW, Sally	Teignbridge Trotters	FV50	49
369	1:28:14	HEARFIELD, Tessa	Torbay AC	FV55	117
370	1:28:14	MOODY, Kim	Plymouth Coasters	SF	311
371	1:28:21	HAWKE, David	Erme Valley Harriers	MV65	331
372	1:28:22	SKIDMORE, Paul		SM	89
373	1:28:25	SHORT, Lucy	Plymouth Musketeers	SF	303
374	1:28:26	WILKINSON, Claire		SF	576
375	1:28:33	STEVENS, Zac		SM	76
376	1:28:41	WOOD, Mark	Tamar Trotters	MV50	208
377	1:28:46	ROBERTS, Helen	Plymstock Road Runners	FV40	403
378	1:28:53	TUCK, Rachel		SF	40
379	1:29:03	HORTON, Sarah	Plymouth Musketeers	FV40	470
380	1:29:05	DRENNAN, John	South Devon AC	MV55	306
381	1:29:09	CAUNTER, Tina	Teignbridge Trotters	FV55	338
382	1:29:13	RIGGS, Paul		SM	240
383	1:29:18	SHIRLEY, Oliver		SM	558
384	1:29:19	COOK, Bill	Tamar Trotters	MV45	466
385	1:29:21	COATES, Fiona		FV40	126
386	1:29:35	BLACKFORD, Derek	Teignbridge Trotters	MV40	66
387	1:29:38	PASCOE, Bridget		FV55	570
388	1:29:57	WHITNEY, Stephen	Plymstock Road Runners	MV55	135
389	1:30:04	STITSON, Amelia		SF	479
390	1:30:08	BAYLISS, Sarah	Denbigh Harriers	FV40	615
391	1:30:11	LAVIS, Joanna	Plymstock Road Runners	SF	280
392	1:30:12	HARRIS, David		MV45	114
393	1:30:13	ROBERTS, Kate		FV35	287
394	1:30:15	BECKER, Joanna	Teignbridge Trotters	FV45	436
395	1:30:18	PASHBY, Carla		SF	662
396	1:30:23	WINDEMER, John	Tavistock AC	MV60	191
397	1:30:25	IRWIN, Mike		MV45	565
398	1:30:34	HIBBERT, Vic	Plymouth Musketeers	MV60	121
399	1:30:35	EYRE, David		MV45	167
400	1:30:37	CAULFIELD, Paul		MV45	464
401	1:30:44	JOHNSON, Ruth	Teignbridge Trotters	FV45	199
402	1:30:45	HAMILTON, Tracy		FV45	84
403	1:30:55	SMITH, Martin	Tamar Trotters	MV45	511
404	1:30:58	WONG BROOKES, Lai-Yin	Plymouth Harriers	FV40	310
405	1:31:10	BRADLEY, Dawn		FV35	529
406	1:31:32	FAIRCLOTH, Emily	Plymstock Road Runners	FV35	308
407	1:31:35	KEMP, Johnny	Plymouth Musketeers	MV50	300
408	1:31:47	FLANAGAN, Evalyn		FV60	357
409	1:31:49	TUACH, Hayley		SF	544
410	1:31:50	BILLYARD, Jo		FV55	200
411	1:31:52	WILSON, Dawn	Instinctive Sports	FV45	414
412	1:31:58	HANSEN, Carol	Erme Valley Harriers	FV50	326
413	1:32:03	MARSHALL, Jon		MV45	423
414	1:32:12	JONES, Marie	Dartmouth AC	FV60	322
415	1:32:12	LANDSBOROUGH, Joanna		FV45	561
416	1:32:12	SHEPPARD, Lee		SM	500
417	1:32:21	STOPPARD, Chris		SM	325
418	1:32:43	LATHAM, Andrew	Tamar Trotters	SM	616
419	1:32:44	SHEPHERD, George		SM	342
420	1:32:50	WILLCOCKS, Mark	UKNetrunner	MV45	220
421	1:32:55	WELLS, Alison		FV40	391
422	1:33:00	WALNE, Anthony	Widewell Striders	MV55	333

423	1:33:01	LE FLEM, Christine	Tavistock AC	FV60	359
424	1:33:05	FORSTER, Emma	Plymouth Musketeers	FV35	55
425	1:33:07	DENNIS, Beverley	Teignbridge Trotters	FV45	472
426	1:33:12	BARRETT, John	South Devon AC	MV65	95
427	1:33:15	RICHARDSON, Roberta	Plymouth Harriers	FV45	130
428	1:33:19	BADOCK, Lesley	Plymouth Harriers	FV50	131
429	1:33:24	CHAMBERS, Anita	Plymouth Musketeers	FV50	53
430	1:33:27	HUTCHINS, Sharon	Teignbridge Trotters	FV40	209
431	1:34:00	BURKE, Donna	Plymouth Musketeers	FV45	299
432	1:34:00	HOSKIN, Cheryl		FV40	441
433	1:34:18	VENESS, Helen	Plymouth Harriers	FV40	41
434	1:34:20	HANNAM, Marie	Plymouth Musketeers	SF	373
435	1:34:24	PROUDFOOT, Julia	Plymouth Coasters	FV50	611
436	1:34:28	BOOKLESS-BROWNE, Joanne	Plymstock Road Runners	FV45	402
437	1:34:36	BACON, Marina		SF	474
438	1:34:40	GRECH-CINI, Nicholas		MV45	62
439	1:34:40	BOOKLESS-BROWNE, Sue	Devon & Cornwall Police	FV40	525
440	1:34:45	PARR, Alan		MV60	407
441	1:34:45	RITCHIE, Miranda	Plymouth Musketeers	FV40	408
442	1:34:47	SHANNON, Charlotte		SF	507
443	1:34:54	CAPELING, Sarah		SF	96
444	1:34:56	COOK, Ruth		FV40	290
445	1:34:57	WALCH, Alan		SM	307
446	1:34:57	HEMMINGS, Justin		MV40	627
447	1:34:59	COLWILL, Martin		MV45	625
448	1:35:07	GOSS, Samantha	Plymouth Musketeers	FV40	360
449	1:35:11	HOWARD, Kate	Plymouth Musketeers	FV50	94
450	1:35:11	LUYA, Ian		MV45	578
451	1:35:18	YARWOOD, Graham		MV65	527
452	1:35:25	WILKINSON, Judith	Tamar Trotters	FV55	582
453	1:35:28	SIMPSON, Peter		MV40	430
454	1:35:33	BROWN, Hayley		FV40	598
455	1:35:50	WOOLLEY, Richard		MV50	147
456	1:35:50	MORGAN, Clare	Tamar Trotters	SF	619
457	1:35:56	HOULBERG, Sue		FV35	603
458	1:36:08	WARD, Rachael	Plymstock Road Runners	FV35	281
459	1:36:15	COLLINS, Nikki	Truro RC	SF	515
460	1:36:24	GREGORY, Anna		FV35	48
461	1:36:33	PERKINS, Phil	Torbay AC	MV60	239
462	1:36:36	MCKINNON, Naoko		FV55	417
463	1:36:50	BARNES, Catherine	Teignbridge Trotters	FV40	145
464	1:37:00	BALMER, Nicole	Plymouth Musketeers	SF	162
465	1:37:01	PEARCE, Kelly	Tamar Trotters	SF	427
466	1:37:19	RANKIN, Tobias	Bere Alston Trekkers	MV40	65
467	1:37:20	THORNE, Brenda	Instinctive Sports	FV55	592
468	1:37:21	MAHONEY, Victoria	Tamar Trotters	FV35	524
469	1:37:24	PASCOE, Anita	Plymouth Musketeers	FV35	52
470	1:37:26	FULLER, Janice	Bere Alston Trekkers	FV45	272
471	1:37:31	MCGRIGOR, Alison	Dartmouth AC	FV45	353
472	1:37:35	HYDE, Jason	Plymouth Musketeers	SM	388
473	1:37:40	JENNINGS, Lisa		FV40	579
474	1:37:44	LYNDE, Vicky		SF	288
475	1:37:45	MAY, Joanne	Tamar Trotters	FV35	174
476	1:37:50	SHAPCOTT, Paul	Tamar Trotters	MV40	607
477	1:37:51	LIM, Wai Mun	Tamar Trotters	FV35	643
478	1:37:53	MITCHELL, Chris		MV45	175
479	1:38:06	MALLABAND, Anne		FV50	659
480	1:38:07	PALLANT, Rachel	Teignbridge Trotters	FV40	494
481	1:38:29	MCPHERSON, Janette	Tamar Trotters	FV40	251
482	1:38:47	HART, Colin		MV50	367
483	1:39:02	LAMBRECHTS, Patsy	Launceston Road Runners	FV50	563

484	1:39:08	HARDING-PERROTT, Mark		MV45	498
485	1:39:30	SMYLY, Claire		FV45	604
486	1:39:53	FELWICK, Rob	Instinctive Sports	MV50	657
487	1:40:03	DE VAL, Caron	Tavistock AC	FV45	654
488	1:40:09	MAHN, Andrea		FV35	225
489	1:40:23	WILLIAMS, Caroline	Plymouth Musketeers	FV40	100
490	1:40:27	RAWLINS, Kelly	Plymstock Road Runners	FV40	431
491	1:40:33	AYRES, Simon	Instinctive Sports	SM	347
492	1:40:44	HASTINGS, Chris		SM	318
493	1:41:09	HART, Claire	Plymouth Harriers	FV45	368
494	1:41:11	WORSFOLD, Linda	Plymstock Road Runners	FV55	236
495	1:41:20	VIGG, David		SM	434
496	1:41:25	KILBEY, James	Plymouth Musketeers	SM	628
497	1:41:27	ELLIOTT, Susan	Plymstock Road Runners	FV45	79
498	1:41:49	BULL, Jeff		MV65	344
499	1:41:55	WALTERS, Richard	Plymstock Road Runners	MV65	234
500	1:42:26	JOLLEY, Kim		FV40	269
501	1:42:26	PETHICK, Sarah		SF	270
502	1:42:26	HUTCHINGS, Gemma		FV35	314
503	1:42:28	PITCHER, David	Tamar Trotters	MV50	243
504	1:42:34	DRANSFIELD, George	Tamar Trotters	MV65	559
505	1:42:34	MANNELL, Steve		MV45	68
506	1:42:40	BRIDGE, Joanne	Plymouth Coasters	FV40	381
507	1:42:41	WHITCOMBE, Jane		FV40	285
508	1:42:44	BLEWITT, Sera		FV35	487
509	1:42:59	HAWKE, Aubrey		MV65	157
510	1:43:14	MUDD, Calvin		MV40	278
511	1:43:14	MUDD, Barrington	Fetch Everyone	MV60	277
512	1:43:37	CARSON, Tim		SM	405
513	1:43:48	LEE, Michael	Erme Valley Harriers	MV65	412
514	1:43:49	ROBERTS, Rhian		SF	301
515	1:43:49	ROBERTS, Dean		MV45	211
516	1:44:00	MAFFEY, Sue	Plymstock Road Runners	FV50	24
517	1:44:18	PARNELL, Stephen	Plymouth Coasters	MV50	383
518	1:44:26	SKIDMORE, Graham		SM	88
519	1:45:18	CARTER, Karen		FV45	150
520	1:45:37	WILTON, Michelle	Plymouth Musketeers	SF	645
521	1:45:42	ROGERS, Philip		MV60	203
522	1:46:12	O'CONNELL, Heather		SF	533
523	1:46:12	GEE, Elizabeth		SF	532
524	1:46:24	JONES, Pauline		FV60	613
525	1:47:53	HARBORNE, Rosanna		SF	551
526	1:48:20	FAIR, Suzanne		FV60	620
527	1:48:20	STRONG, Sarah		SF	91
528	1:48:38	SIMMONS, Emily	Plymouth Musketeers	SF	432
529	1:48:55	THORNETT, Sheilagh		FV50	438
530	1:48:56	JENKINS, Glyn	Ryde Harriers	MV60	437
531	1:49:10	COURT, Lisa		FV35	103
532	1:49:43	KING, Louise	Plymouth Musketeers	FV45	587
533	1:49:43	JACKSON, Kerry	Plymouth Musketeers	FV40	276
534	1:50:00	DUKE, Jan	Tamar Trotters	MV65	345
535	1:51:04	MOULD, David	Plymouth Coasters	MV55	465
536	1:51:51	SAINSBURY, Marie		FV40	274
537	1:51:54	SAINSBURY, Mark		MV45	273
538	1:52:59	HADFIELD BENNETT, Penny	Plymouth Harriers	FV40	517
539	1:53:25	BATCHELOR, Sarah		SF	77
540	1:54:20	DORRELL, Sarah	Tavistock AC	SF	522
541	1:54:32	BAXTER, Hollie		SF	548
542	1:54:32	KILPATRICK, Rachel	Plymouth Harriers	FV35	562
543	1:54:48	BEDWORTH, Claire		SF	134
544	1:55:26	CUXTON, Tania		FV35	554

545	1:55:32	DAVEY, Philippa	Plymouth Musketeers	FV45	596
546	1:56:52	LOMAX, Valerie		FV55	27
547	1:57:25	BASTONE, Julia	Plymstock Road Runners	SF	283
548	1:57:46	SHILLABEER, Nina	Plymstock Road Runners	FV55	43
549	1:58:37	FRANCIS, Donna	Newquay Road Runners	FV60	56
550	2:02:47	NIETO, Jo	Plymouth Harriers	FV40	547
551	2:03:45	BENNET, Jim	Tamar Trotters	MV65	109
552	2:04:31	HILL, Elaine	Plymouth Harriers	FV45	540
553	2:05:16	SEABROOK, Patricia	Finch Coasters	FV60	246
554	2:07:31	SNOW, Heather		SF	599
555	2:13:14	NEAL, Steve 'Superman'		MV50	380
556	2:16:35	WHITE, Elaine		FV40	514